



RESEARCH PAPER

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The effect of body and udder measurements on milk lactose in native goat

Yeliz Çakir Sahilli, Murat Çimen*

¹*Department of Bioengineering, Faculty of Engineering, Munzur University, Turkey*

²*Department of Food Engineering, Faculty of Engineering, Munzur University, Turkey*

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Abstract

This research was conducted in order to learn the effects of body and udder measurements on milk lactose levels. As a result of analysis of correlation is seen a negative effect of the udder circumference on the lactose content of the milk ($r=-0.386$; $p=0.039$). Withers height, which is one of the body measurements, was also positively affected on milk lactose ($r=0.426$; $p=0.021$). According to the result of the research, high udder circumference and low withers height is seen as an advantage in order to obtain low lactose-containing milk against lactose intolerance.

* **Corresponding Author:** Murat Çimen ✉ mcimen19@gmail.com

Introduction

Lactose, the predominant carbohydrate in milk, is a disaccharide consisting of galactose bound to glucose. Intestinal absorption of lactose requires hydrolysis of its component monosaccharides by the brush-border enzyme lactase. In most of the world, the adult population undergoes a genetically programmed decrease in lactase synthesis after weaning, resulting in lactose malabsorption. If a sufficient amount of lactose is ingested, gastrointestinal symptoms may result, including diarrhea, bloating, flatulence, and abdominal discomfort (Çakir Sahilli and Cimen, 2016).

Lactose malabsorption is an extremely common condition worldwide, and its incidence increases with age and varies between ethnicities (Law *et al.*, 2010; Keith *et al.*, 2011). Bacteria in the colon ferment undigested lactose into short-chain fatty acids, hydrogen, methane, and carbon dioxide, resulting in such symptoms as bloating, abdominal pain, and/or diarrhea after ingestion of lactose (Law *et al.*, 2010). National Institutes of Health (NIH) consensus development panel defined lactose intolerance as a clinical syndrome characterized by the onset of gastrointestinal symptoms following lactose challenge, (Suchy *et al.*, 2010) whereas true lactose malabsorption is identified through a hydrogen breath test (HBT). Many people with lactose malabsorption do not report intolerance (Savaiano *et al.*, 2006; Vesa *et al.*, 1996). Conversely, many individuals with perceived lactose intolerance do not experience malabsorption (Jellema *et al.*, 2010). Because of inconsistent definitions in previous studies, the true prevalence of lactose intolerance is unknown (Shaikat *et al.*, 2010).

It is widely accepted all around the world that livestock industry has a strategic significance. Biochemical parameters in the milk become more of an issue for both human health and the production of dairy products (Hossain and Dev, 2013; Zenebe *et al.*, 2014). Therefore, exploring milk biochemical parameters accepted as the criteria for identifying the value of milk and the situations having effect on these parameters will light the way for producers about milk yield (Tekelioglu *et al.*, 2010; Yildirim *et al.*, 2009).

The elements such as breed, age, weight and stress factor, which affect milk yield in animals, have influence upon milk biochemical parameters (Cimen *et al.*, 2008). Milk lactose level is affected by the type of birth of the animal (single, twin) (Çakir Sahilli and Cimen, 2016).

Lactose is an important parameter in human nutrition. It also plays a role in obtaining dairy products. Investigation of effective factors on lactose levels is important in terms of eliminating the deficiencies in the literature. However, up to now no information has been found in the literature showing the relationship between lactose levels and body and udder characteristics in native goats. Whereas in the Mediterranean countries milk obtained from the goats is predominantly derived from native goats. This research on native goats will close an important gap in the literature. Correlation analysis results in the study will also play a role in breeding trials to improve milk parameters. The first study to show the correlation coefficients between body and udder morphology and lactose in native goats makes work valuable. The relationships between body and udder measurements and milk lactose levels are important for the dairy sector. In this study, it was tried to determine the effects of body and udder measurements on milk lactose levels in native goats.

Material and methods

Data and sampling techniques

In order to determine the effects of body and udder measurements on lactose levels, milk samples were collected once in the 3rd and 4th weeks in the first month of lactation from a total of 30 native (Kıl) goats. Lactose data were recorded by taking the average of two weeks. The measurement procedure of udder and body was based on the methodology used by Atay and Gökdal (2016).

Milk samples and analysis

Equal amounts of milk were collected from each teat. Milking was carried out using sterilized sample containers. After collecting a sufficient amount of milk for analysis (100 ml),

the samples were taken to the laboratory in a short time. The milk samples collected from the animals were analyzed using a Funke Gerber Lacto star 3510 analysis device.

Statistical analysis

In order to determine the effects of body and udder measurements on milk lactose levels,

correlation and regression analyses were conducted (Çimen, 2015). SPSS package software was used to carry out these analyses.

Results and discussion

Table 1 shows the results of the correlation analysis conducted to learn about the effects of body measurements on milk lactose levels.

Table 1. The effect of body measurements on milk lactose.

		Body length	Withers height	Rump height
Lactose, %	Correlation coefficient, (r)	0.335	0.426	0.238
	Significance level, (p)	0.076	0.021	0.214

As seen in Table 1, no relationship was found between the lactose levels in the milk of native goats and body length or rump height. However, a positive medium-level relationship was found between lactose levels and withers height in native goats ($r=0.426$, $p=0.021$). Starting with the positive result found in the correlation analysis, regression analysis was conducted to determine the extent to which milk lactose levels increase based on withers height. As a result of the regression analysis, it was found that a 1-cm increase in withers height had a tendency to

increase lactose levels by 0.02% units ($p<0.05$). It was found noteworthy that, among body measurements, withers height had a positive and medium-level effect on milk lactose levels. The fact that this study was conducted using other goat races that are not milk goats has significance in support of the results of research. Banda *et al.*'s (1992) statement that lactose levels vary based on the breed of goats gives rise to the idea that this study should be replicated with different goat breeds to support the results of this research.

Table 2. The effect of udder measurements on milk lactose.

		Udder circumference	Udder depth	Teat length	Teat diameter
Lactose, %	Correlation coefficient, (r)	-0.386	0.204	-0.020	0.121
	Significance level, (p)	0.039	0.288	0.916	0.531

According to Table 2, there were no relationships found between the lactose levels in the milk of native goats and the variables of udder depth, teat length or teat diameter. Additionally, a negative and weak relationship was found between udder circumference in native goats and lactose levels in the milk ($r= -0.386$, $p=0.039$). Based on this result found in the correlation analysis, regression analysis was conducted to determine the extent to which milk lactose levels change based on udder circumference. As a result of the regression analysis, it was found that a 1-cm increase in udder circumference had a tendency to decrease lactose levels by 0.01% units ($p<0.05$).

It is an important finding that, among udder measurements, udder circumference had a negative and weak effect on milk lactose levels. It is necessary that the results in this study about the effect of udder circumference on lactose levels is supported by similar future studies. As opposed to the results of our study, the study by Sarı *et al.* (2015) on sheep did not find a relationship between milk lactose levels and udder measurements such as udder circumference, udder depth, teat length, and teat diameter. As their study was conducted with sheep, the differences between the results of their study and those of our study may have been affected by the species of animal used.

According to the results of the study, in order to obtain milk with low lactose levels, high udder circumference and low withers height may be seen advantageous.

According to these results, milk producers and dairy cattle breeders should be able to choose breed animals according to breed and body characteristics for low lactose milk production, choosing according to high udder circumference and low withers height. This study is particularly important in that the body and udder measurements in native goats are related to milk parameters such as lactose. In the Mediterranean countries where native goats are raised for the purpose of milk production, selection of native breeder breeds for breeding and body characteristics is important in manipulation to milk parameters.

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