



## RESEARCH PAPER

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## Effect of some essential oils on post harvest quality of grapevine (*Vitis vinifera* cv Rasha (Siah-e-Sardasht)) during cold storage

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### Abstract

This experiment was carried out in order to study the influence of some essential oils on post harvest quality of grapevine (*Vitis vinifera*) cv. Rasha (Siah-e-Sardasht). The treatments included control (distilled water) and concentrations 250 and 500 ppm of basil (*Ocimum basilicum*), wild mint (*Mentha longifolia*) and ajowan (*Carum copticum*) essential oils at two periods of 30 and 60 days storage. Results showed that essential oils decreased the decay and weight loss percentage at both storage periods. In the final stage of experiment all essential oils improved total soluble solids (TSS), maturity index and vitamin C content, while decreased titratable acidity (TA) compared with control. Decay rate, vitamin C loss and weight loss were increased by increasing storage period, whereas the application of essential oils declined these traits. The concentrations of 500ppm of basil essential oil and 250ppm of ajowan essential oil were more effective on controlling decay and weight loss, respectively. Also, the highest contents of vitamin C were obtained by concentrations of 250 and 500ppm of basil essential oil at the first and the second periods of storage, respectively.

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### Introduction

Grapevine (*Vitis vinifera*) cv. Rasha (Siah-e-Sardasht) is one of the most important grape cultivars in Azarbayjan-e-Gharbi and Kurdistan that is cultivated as rainfed widely. Also it is important economically due to the high quality of the fruit and high storage capacity (Doulati Baneh *et al.*, 2011). Generally, the quality and shelf life of grape limited by many factors such as weight loss, firmness loss, berry shattering, stem browning and decay (Perkins-Veazie *et al.*, 1992; Crisoto *et al.*, 2001; Zutahy *et al.*, 2008). Fungal decay is the major problem in reducing the quality and the postharvest longevity of grape and the fungus *Botrytis cinerea* has an important role in this respect (Lichter *et al.*, 2005). In addition, *Aspergillus niger* Tiegh, *Rhizopus stolonifer* (Ehrenb: Fr.) Vuill, *Penicillium* spp. and *Mucor* sp. have been known as the most common pathogens of grape crop (Nelson, 1985; Snowdon 1990). Fumigation the storage by sulfur dioxide (SO<sub>2</sub>) is the common method to control grape decay (Luvisi *et al.*, 1992; Kou *et al.*, 2009). However, the use of SO<sub>2</sub> is associated with many problems such as cracking, discoloration, bleaching and hairline in berry and browning of the rachis of grape (Zoffoli *et al.*, 2008; Kou *et al.*, 2009; Jalili Marandi *et al.*, 2010). In addition, sulfite residues can cause allergy in consumers and it is harmful to health. Therefore, Use of sulfites has been restricted in many countries (Lurie *et al.*, 2006).

In spite of consumer demand, the use of natural compounds has not been increased (Lanciotti *et al.*, 2004). Thus, seeking to obtain suitable natural compounds as a safe alternative source with chemical compounds is essential for improvement post-harvest life of horticultural products and for circumvention of the bio-environmental problems induced by these compounds. Essential oils which are one of the natural compounds in most of plants are used as medicinal, antimicrobial, antioxidant substances, etc. (Omidbaigi, 2005). Also, the essential oils are biodegradable and eco-friendly and have been considered by scientists' worldwide (Asghari Marjanlo *et al.*, 2009). Recent experiments show that plant essential oils are effective for quality

maintenance and improvement of post-harvest longevity in fruits and vegetables (Martínez-Romero *et al.*, 2004; Serrano *et al.*, 2005; Alikhani *et al.*, 2009; Abdolahi *et al.*, 2010; Mousavizadeh *et al.*, 2011). Because of possible application of essential oils as natural antimicrobial and antioxidant agents in fresh horticultural crops, they may be considered as valuable alternatives for preserving physical and chemical properties of food plants. Therefore, the purpose of this experiment was to prolong the postharvest life and maintaining the quality parameters in grapevine (*Vitis vinifera* cv Rasha: Siah-e-Sardasht) with application of basil (*Ocimum basilicum*), wild mint (*Mentha Longifolia*) and ajowan (*Carum copticum*) essential oils during cold storage.

## Material and methods

### Plant material

A laboratory experiment was conducted at Islamic Azad University, Sanandaj Branch, Kurdistan, Iran. Fresh Grapevine (*Vitis vinifera*) cv. Rasha (Siah-e-Sardasht) was obtained from a local garden in Baneh, Kurdistan, Iran. The grapes were harvested at a stage preceding the commercial distribution in October 2011. Immediately the grapes were transferred to laboratory and selected based on homogeneous colour, size and absence of visual defects and any infection. The essential oil of basil, wild mint and ajowan were extracted by hydrodistillation using the clevenger and were obtained from Ferdowsi University of Mashhad.

### Treatment setting

The treatments included control (distilled water) and concentrations 250 and 500 ppm of basil, wild mint and ajowan essential oils. One kg of the grapes was sprayed by different concentrations of essential oil using a hand-sprayer. Then the grape berries were distributed in plastic boxes and placed in cold storage at 1±1°C and the relative humidity of 55-65% for two periods of 30 and 60 days.

### Decay evaluation

For evaluation of decay, the total of berries showing any visible decay in each replicate was counted and expressed as decay percentage at each period of storage (Kou *et al.*, 2009).

#### Quality evaluations

Quality evaluation was performed at 30 and 60 days after storage. At each evaluation time, the fruit were recorded for weight loss, titratable acidity (TA), total soluble solids (TSS), maturity index (MI) and vitamin C.

The content of weight loss was determined by difference between weights of fruit at evaluation time and initial weight and then expressed as percentage loss of initial weight.

Twenty berries from each replicate were sampled randomly for juice extraction with a hand-press juicer. The juice was filtered and used for traits evaluation.

Titratable acidity content was determined by titrating 10 ml of berry flesh juice with 0.1 N NaOH using fenolftaleine-indicator and to an endpoint of pH 8.1 and then expressed as percentage of tartaric acid. Total soluble solids was determined with a digital refractometer and expressed in °Brix (Jalili Marandi *et al.*, 2010). Maturity index was calculated

with TSS/TA ratio (Abdolahi *et al.*, 2010). Ascorbic acid content was determined by the iodine titration method, then expressed as percentage (mg vitamin c per 100gr juice) (Suntornsuk *et al.*, 2002).

#### Statistical analysis

The experiment was established in a factorial lay out based on completely randomized design with four replications. Data were analyzed using SAS software (2001) and the mean values were compared using the LSD test at  $P \leq 0.05$ .

### Results and discussion

#### Decay

Analysis of variance showed that the grape decay at 1% probability was significantly influenced by applied treatments (Table 1). After both storage periods, all essential oils reduced decay than control significantly and the lowest rate of decay was obtained by 500ppm basil essential oil. At 30 days after storage none of essential oils and different concentrations had not significant difference from one another. While, after 60 days grape decay was significantly decreased with increasing of wild mint essential oil concentration. Decay content was increased significantly in control and 250ppm concentration of wild mint and ajowan essential oils with increasing of storage period (Table 2).

**Table 1.** ANOVA of essential oils (EO) and storage period (SP) on decay, weight loss, vitamin C, total soluble solids (TSS), maturity index (MI), and titratable acidity (TA) in grapevine cv. Rasha during storage.

	df	Decay	Weight loss	Vitamin C	TA	TSS	MI
EO	6	73.03 **	6.36 **	51.97 **	0.03 **	1.58 **	88.98 **
SP	1	129.02 **	122.37 **	546.32 **	0.00 ns	2.49 ns	0.24 ns
EO * SP	6	19.90 **	1.53 *	24.16 *	0.03 **	11.11 **	1244.88 **
CV (%)	-	22.31	12.34	14.84	2.56	3.07	4.68

\*\* ( $P < 0.01$ ), \* ( $P < 0.05$ ), ns ( $P > 0.05$ ), df (degree of freedom)

The results revealed that the essential oils decreased the decay and increased life storage grape effectively. Similarly, fungal decay in table grape was reduced by essential oils of *Thymus kotschyanus* and *Carum copticum* after 40 days storage (Jalili Marandi *et al.*, 2010). Abdolahi *et al* (2010) reported that

application of *Foeniculum vulgare*, *Thymus vulgaris*, *Satureja hortensis* and *Ocimum basilicum* essential oils decreased the decay in tabarzeh table grape. In previous studies, have been showed the positive effect of essential oils and volatile compounds on reducing of fruit decay in several

fruits including table grapes (Martínez-Romero *et al.*, 2004; Valero *et al.*, 2006; Abdolahi *et al.*, 2010), apricots and plums (Liu *et al.*, 2002), sweet cherry (Serrano *et al.*, 2005) strawberry (Tzortzakis, 2007) apple (Shahi *et al.*, 2003), and pear (Alikhani *et al.*, 2009). Also inhibitory effect of essential oils against fungus growth such as *Botrytis cinerea*, *Rhizopus stolonifer* (Reddy *et al.*, 1998; Asghari Marjanlo *et al.*, 2009; Abdolahi *et al.*, 2010) *Aspergillus flavus*

(Bouchra *et al.*, 2003) indicated the antifungal activity of essential oils in controlling of fruit decay. The mechanisms of the antimicrobial activity of essential oils are poorly understood for us, but according to previous reports, it seems that damage to cell walls and membrane structure and function is as antimicrobial action of essential oils (Cox *et al.*, 2000; Rattanapitigorn *et al.*, 2006).

**Table 2.** Mean values of the effects of basil, wild mint and ajowan essential oils (BEO, MEO and AEO respectively) on decay, weight loss, and vitamin C in grapevine cv. Rasha during 30 days and 60 days after storage.

Treatments	Decay (%)		Weight loss (%)		Vitamin C (%)	
	30 days	60 days	30 days	60 days	30 days	60 days
BEO*250 ppm	5.00 <sup>ef</sup>	6.88 <sup>def</sup>	3.73 <sup>g</sup>	6.37 <sup>cd</sup>	27.03 <sup>ab</sup>	17.92 <sup>d</sup>
BEO*500 ppm	4.38 <sup>f</sup>	5.63 <sup>ef</sup>	4.25 <sup>fg</sup>	7.51 <sup>b</sup>	22.97 <sup>bc</sup>	17.45 <sup>d</sup>
MEO*250 ppm	6.25 <sup>def</sup>	9.38 <sup>b</sup>	4.10 <sup>fg</sup>	7.63 <sup>b</sup>	29.73 <sup>a</sup>	18.87 <sup>cd</sup>
MEO*500 ppm	5.00 <sup>ef</sup>	6.25 <sup>def</sup>	4.33 <sup>fg</sup>	7.61 <sup>b</sup>	27.03 <sup>ab</sup>	22.17 <sup>cd</sup>
AEO*250 ppm	5.62 <sup>ef</sup>	8.13 <sup>bcd</sup>	3.95 <sup>fg</sup>	5.47 <sup>de</sup>	21.62 <sup>cd</sup>	20.28 <sup>cd</sup>
AEO*500 ppm	5.00 <sup>ef</sup>	6.25 <sup>def</sup>	4.98 <sup>ef</sup>	7.27 <sup>bc</sup>	22.97 <sup>bc</sup>	19.81 <sup>cd</sup>
Control	8.75 <sup>bc</sup>	18.75 <sup>a</sup>	5.42 <sup>de</sup>	9.59 <sup>a</sup>	21.62 <sup>cd</sup>	12.74 <sup>e</sup>
Average	5.71 <sup>b</sup>	8.75 <sup>a</sup>	4.39 <sup>b</sup>	7.35 <sup>a</sup>	24.71 <sup>a</sup>	18.46 <sup>b</sup>

Means with the same letters in each trait do not significantly differ by LSD tests ( $p < 0.05$ ).

#### Weight loss

The results of variance analysis in our study demonstrated that the effect of different essential oils and storage time on fruit weight loss percentage is significant (Table 1). In this case the results showed that all essential oils except the 500ppm ajowan essential oil significantly controlled the weight loss of grape compared to the control after 30 days of storage.

After 60 days of storage, all essential oils significantly decreased the weight loss of grape especially by 250ppm of ajowan essential oil (Table 2). In wild mint essential, there was no significant difference between the two concentrations used, while in basil and ajowan essential oils with increasing the concentration of essential oil, the weight loss of grapes were increased significantly. Also, the increasing of storage time from 30 days to

60 days significantly increased the weight loss of grapes in all treatments (Table 2).

Corresponding results were reported by, Abdolahi *et al.* (2010) and Martínez-Romero *et al.*, 2004 in table grapes, Serrano *et al.* (2005) in sweet cherry, Mohammadi and Aminifard (2012) in Peach. They revealed that usage of essential oils or volatile compounds reduced the weight loss in fruits.

Water loss is the overriding factor influencing postharvest longevity, and it can affect weight loss directly or several other factors such as losses in appearance, textural quality, and nutritional quality (Kader and Rolle., 2004). Water losses are as a result of transpiration from the surface of fruits (wu, 2010) or fruit respiration (Lownds *et al.*, 1994). Also, mechanical and decay damage leading to loss of water and ultimately fruit weight loss. So, according

to above statement, the reducing of water and weight loss by essential oils can be attributed to controlling of decay and its damages or by decreasing of respiration rates.

*Maturity index, TA, TSS*

**Table 3.** Mean values of the effects of basil, wild mint and ajowan essential oils (BEO, MEO and AEO respectively) on total soluble solids (TSS), maturity index (MI), and titratable acidity (TA) in grapevine cv. Rasha during 30 days and 60 days after storage.

Treatments	TA (%)		TSS (°Brix)		MI (TSS/TA)	
	30 days	60 days	30 days	60 days	30 days	60 days
BEO*250 ppm	0.68 <sup>b</sup>	0.58 <sup>c</sup>	20.20 <sup>cdef</sup>	20.75 <sup>abc</sup>	29.58 <sup>e</sup>	35.69 <sup>bcd</sup>
BEO*500 ppm	0.70 <sup>b</sup>	0.58 <sup>c</sup>	19.83 <sup>def</sup>	20.63 <sup>abcd</sup>	28.29 <sup>e</sup>	35.72 <sup>bcd</sup>
MEO*250 ppm	0.54 <sup>de</sup>	0.57 <sup>c</sup>	20.38 <sup>bcde</sup>	19.63 <sup>ef</sup>	38.03 <sup>b</sup>	34.43 <sup>d</sup>
MEO*500 ppm	0.50 <sup>f</sup>	0.55 <sup>d</sup>	21.00 <sup>abc</sup>	20.23 <sup>cdef</sup>	41.88 <sup>a</sup>	36.88 <sup>bc</sup>
AEO*250 ppm	0.54 <sup>de</sup>	0.49 <sup>f</sup>	18.58 <sup>g</sup>	21.38 <sup>a</sup>	34.73 <sup>cd</sup>	43.61 <sup>a</sup>
AEO*500 ppm	0.53 <sup>e</sup>	0.51 <sup>f</sup>	19.35 <sup>fg</sup>	21.13 <sup>ab</sup>	36.66 <sup>bcd</sup>	41.64 <sup>a</sup>
Control	0.50 <sup>f</sup>	0.73 <sup>a</sup>	21.50 <sup>a</sup>	17.00 <sup>h</sup>	43.03 <sup>a</sup>	23.31 <sup>f</sup>
Average	0.57 <sup>a</sup>	0.57 <sup>a</sup>	20.12 <sup>a</sup>	20.10 <sup>a</sup>	36.03 <sup>a</sup>	35.90 <sup>a</sup>

Means with the same letters in each trait do not significantly differ by LSD tests ( $p < 0.05$ ).

From the results (Table 3), at 30 days after storage all used essential oils except the 500ppm of wild mint, decreased the maturity index and TSS; they also increased the titratable acidity. Basil essential oil led to the highest value and the lowest value of maturity index and titratable acidity, respectively, and in this case significant differences were observed with the other treatments.

According to table 3, our results showed that unlike the results in the first period, all essential oils decreased the titratable acidity, while improved the maturity index and TSS compared with control at 60 days after storage. Ajowan essential oil, especially at concentration of 500ppm was the most effective in improving the mentioned traits. Maturity index as TSS/TA with the increase the storage period from 30 days to 60 days were decreased in the wild mint essential oil and control, while it was increased by both concentrations of ajowan and basil essential oils. Abdolahi *et al* (2010) reported that usage of

Based on ANOVA (Table 1), the results revealed that there were a significant difference ( $P < 0.01$ ) in the effects of essential oils and the two-lateral interaction of experimental factors (essential oils  $\times$  storage period) on TA, TSS and maturity index in the grape. While, there were no significant difference between two storage periods.

sweet basil, fennel, summer savory and thyme essential oils on table grape reduced the TSS and maturity index, which is in agreement with our results at 30 days after storage and opposite with results for the second period storage. On the other hand, Jalili Marandi *et al* (2010) reported that *Thymus kotschyanus* and *Carum copticum* essential oils had no significant effect on TSS, titratable acidity and maturity index in table grape. Mohammadi and Aminifard (2012) concluded that the peach fruits treated with anis, ammi, ziziphora and Cinnamon essential oils had a greater TSS and titratable acidity than control.

Our results demonstrated that the TSS and maturity index in the grapes treated with essential oils were lower than control (untreated fruit) at 30 days after storage. While, titratable acidity was below in untreated fruit. Probably it could be related to delay or decreases in metabolic activity, respiration and senescence in due essential oils (Mahajan *et al.*,

2010), whereas it will be done more quickly in control treatment. Also, in this case Mahajan *et al* (2010) suggested that organic acids were used in respiratory process or other biodegradable metabolic reactions. On the contrary, after 60 days of storage the grapes treated with all essential oils had a higher maturity index (high TSS and low TA) than untreated fruit. It seem, due to the evaporation of essential oil during the storage after 60 days, metabolic activity and respiration were increased gradually and lead to increase in maturity index and decrease in titratable acidity in treated fruits. Moreover, in control fruits the increase of microbial spoilage, degradation of fruits and over senescence led to decreases in TSS and maturity index.

#### *Vitamin C*

Based on variance analysis (Table 1), the results showed that the effects of essential oils, storage period and essential oils × storage period on vitamin C content in grape are significant ( $P < 0.01$ ).

As shown in table 2 the application 250 ppm of basil essential oil and wild mint essential oil at both concentrations led to an increase content of vitamin C compared to control at 30 days after storage. In this case the highest content of vitamin C was obtained by 250 ppm basil essential oil; in all essential oils there is no significant difference between the two applied concentrations. Also in all treatments except ajowan essential, with the increasing of storage time from 30 days to 60 days, the amount of vitamin C was significantly decreased. Vitamin C content in all treatments was higher than the control at 60 days after storage (Table 2). These results are in agreement with those obtained by Asghari Marjanlo *et al* (2010), who reported that the application of basil essential oil in low concentration increased the vitamin C content in strawberry. Low-impact ajowan essential oil in the maintaining of vitamin C after 30 days of storage, May be related to stress caused by it. Because, in accordance with the results of weight loss, concentration 500 ppm of ajowan essential oil were a similar weakening effect on the trait mentioned. It seemed with the evaporation of the essential oils with increasing

storage time, the stress is reduced; also with emphasis on the control of the weight loss and decay, vitamin C was maintained by essential oils. whereas in the control treatment probably due to decay, loss of fruit juice, weight loss and stress and damage from this cases, vitamin C was declined to the lowest level of possible sharply. In addition, degradation of vitamin C increases by many factors such as water loss, chilling injury, mechanical injuries and the increase of storage time (Lee and Kader, 2000).

#### **Conclusion**

In the present study, it was found that exogenous application of essential oils as well as maintained the quality parameters, decreased the decay and increased life storage of grapevine cv. Rasha (Siah-e-Sardasht), effectively. So the essential oil as safe and eco-friendly compound could be potentially used to increase the postharvest life of fruit and vegetable as an alternative with chemical compounds.

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