



## RESEARCH PAPER

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## Kinetics and Mechanism of the Adsorption of water-soluble anticancer drug on iron oxide nanoparticles doped with ferromagnetic materials

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### Abstract

Pure and doped iron oxide as spherical nanocarriers for the anticancer drug was synthesized using simple and cost-effective co-precipitation technique. A variety of techniques as XRD- x-ray diffraction, EDX- energy dispersive x-ray spectroscopy, UV-Vis-ultraviolet visible spectroscopy, SEM- scanning electron microscope and TEM- transmission electron microscope were employed to the prepared ferromagnetic metal oxide- ( $\text{Fe}_3\text{O}_4$ ) and Co and Ni doped ferromagnetic materials to check their structural, compositional and morphological properties. These metaloxides nanocarriers were incorporated with an anti-cancer marker (doxorubicin) and loading capabilities were observed. The observed data was analyzed on different kinetics models. It was found that the drug loading capability of Cobalt doped  $\text{Fe}_3\text{O}_4$  nanocarriers is higher relative to other carriers observed data was matched exactly with Lagergren Pseudo-first-order, Pseudo-second-order, Elovich equation and Intra-particle diffusion models.

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## Introduction

Cancer is an ill health that includes over 200 diseases and is associated by un-controlled spreading and proliferation of diseased cells. Although the conventional therapies such as chemotherapy, radiotherapy and surgery are widely accepted with some adverse effects are still to be considered. Especially, chemotherapy needs to save the organs at risk and to reach the tumor sites in suitable quantities. However, the hostile effects can be elucidated by advancing certain aspects as by introducing the nanoparticles can be used nanocarriers, with a great extent of loading capability, in drug delivery mechanisms (Ahmd *et al.*, 2012). Nanoparticles (NPs) are being utilized in transporting vaccines, nucleotides, proteins and conventional drugs owing to significant potency to invade the blood barriers. The transport mechanism can be modified by appropriate functionalization of NPs that possibly improve specific binding with organs, drug kinetics, drug-carrying capabilities and excretions (Parveen, Misra, & Sahoo, 2012).

NPs are also implied in pharmaceutical sciences to minimize the adversity drugs, conversely of induced hazards are not yet clear and still under investigation. For instance, inhalation toxicity of NPs may potential influence on exposure to different organs (Jatariu, Peptu, Popa, & Indrei, 2009; De Jong & Borm, 2008). Optimistically, the transportation through blood barriers may introduce new paths of drug delivery to approach the brain. Various biological substances as gelatin, albumin, phospholipids, polymers etc. are under consideration to produce nanocarriers (NPs) for delivery mechanisms. It is well known that intracellular and tissue interactions are highly dependent upon nanoparticle formulations (De Jong & Borm, 2008; Dilnawaz, Singh, Mohanty, & Sahoo, 2010; Kim, Zhang, Voit, Rao, & Muhammed, 2001). Superparamagnetic iron oxide nanoparticles (SPIONs) are most attractive and favorable in delivery applications because of surface architecture and conjugation with targeting drugs, ligands or proteins via external magnets (De Jong & Borm, 2008; Ito, Shinkai, Honda, & Kobayashi, 2005;

Mahmoudi, Sant, Wang, Laurent & Sen, 2011; Neuberger, SchApf, Hofmann, Hofmann, & von Rechenberg, 2005).

The controlled drug delivery system (DDS) is potential route over the customary drug transportation. The drug accumulates on approaching at target sites while minimizing unavoidable side effects. The increase in drug accumulation is caused to reduce the desired amount of drug dose. Nanocarriers are designed to prolong the therapeutic effects of drug at focal site in parallel to keep the healthy tissues safe from the drug concentration (Kale & Torchilin, 2007; Kohay *et al.*, 2017; Peer *et al.*, 2007; Wilczewska, Niemirowicz, Markiewicz, & Car, 2012). During this advanced therapy, be cautious about the ratio between drug concentration, drug dose and therapeutic toxic effects. Numerous nanostructures, as polymers, liposomes, dendrimers, carbon materials and magnetic nanoparticles, are assessed as carriers in DDS (Khoee, Bafkary, & Fayyazi, 2017).

Doxorubicin (DOX) is one of the most efficient and widely used anticancer drugs that fight against many kinds of tumor cells. It has very serious side effects on kidney, heart and liver tissues. To get over these aspects, some appropriate vectors should be introduced to deliver DOX to minimize their side effects (Javed *et al.*, 2015; Chen *et al.*, 2016).

In this work, pure and various ratios of (Co and Ni) doped  $\text{Fe}_3\text{O}_4$  was fabricated using precipitation technique. The final product was characterized to check the elemental composition and morphology by using XRD, SEM, EDX and TEM. The confirmed nanomaterial was dipped in water-soluble anticancer drug doxorubicin and loading of DOX onto nanoparticles was determined for twelve hours to be used as nanocarriers in further study.

## Materials and Methods

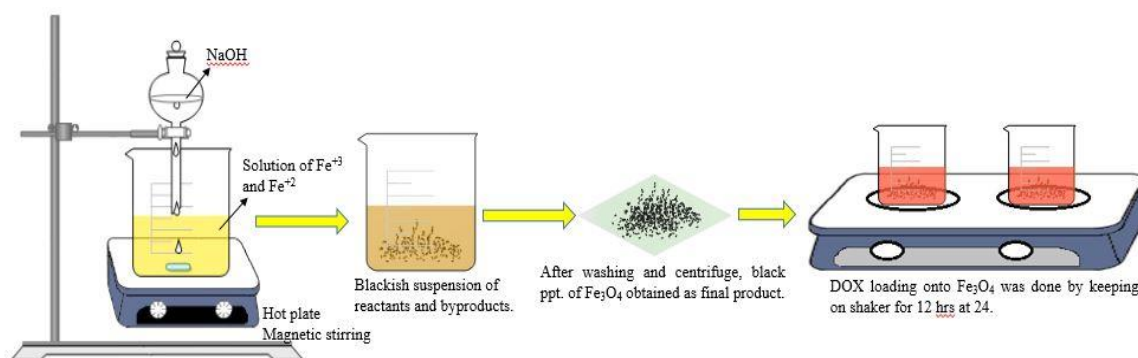
### Materials

Iron chloride hexa hydrate ( $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$ , ACS reagent, 97-102%), Iron chloride tetra hydrate ( $\text{FeCl}_2 \cdot 4\text{H}_2\text{O}$ , 99.99%), nickel chloride ( $\text{NiCl}_2$ , 99.99%),

cobalt chloride ( $\text{CoCl}_2$ , 99.99%), sodium hydroxide ( $\text{NaOH}$ , ACS reagent,  $\geq 97.0\%$ ) and ethanol ( $\text{C}_2\text{H}_5\text{OH}$ , absolute reagent, 99.8%) were purchased from Sigma Aldrich and used without any further purification.

#### Synthesis of free and doped nano $\text{Fe}_3\text{O}_4$

The chloride salts of ferrous, ferric, nickel and cobalt were of reagent graded and used as precursors while sodium hydroxide ( $\text{NaOH}$ ) was used as a solvent. DOX- doxorubicin was used as anti-cancer drug for loading onto fabricated nanoparticles. Firstly, an aqueous mixture of ferric and ferrous chloride salts (molar ratio 2:1) was prepared by dissolving in 50ml de ionized water. Secondly, another solution of 50ml of  $\text{NaOH}$  was dripped slowly to the above-prepared mixture in the air under vigorous stirring (1200 rpm). The reaction process continued at  $20^\circ\text{C}$  for 30 minutes. The black precipitate of  $\text{Fe}_3\text{O}_4$  appeared in solution. These precipitates were thrice washed with de-ionized water and dried in an oven at  $60^\circ\text{C}$  as shown in Fig. 1. Two different iron salt solutions were prepared by adding 5% molar weight of dopants nickel and cobalt chloride salts in Step I while rest of the steps were followed in a similar manner (Kale & Torchilin, 2007). Hence, three different sample of nanoparticles i.e.  $\text{Fe}_3\text{O}_4$ , Ni- $\text{Fe}_3\text{O}_4$ , and Co- $\text{Fe}_3\text{O}_4$ , were obtained and readied to be used further in the experiment as in Table 1.



**Fig. 1.** Schematic of the synthesis process.

#### Characterization

The identification of phases and crystallite size of fabricated free and doped iron oxide nanomaterials was examined by PANalytical X'Pert high score diffractometer (XRD) scanned in the range  $2\theta$  (i.e.  $20^\circ$  -  $80^\circ$ ) using  $\text{Cu K}\alpha$  ( $\lambda = 1.5406 \text{ \AA}$ ) radiation.

**Table 1.** Synthesis parameters.

Samples	Reactants		Product (NPs)
	Host Material	Dopant	
S1	$\text{FeCl}_3 \cdot 6\text{H}_2\text{O} + \text{FeCl}_2 \cdot 6\text{H}_2\text{O}$	o	$\text{Fe}_3\text{O}_4$
S2	$\text{FeCl}_3 \cdot 6\text{H}_2\text{O} + \text{FeCl}_2 \cdot 6\text{H}_2\text{O}$	$\text{NiCl}_2$	Ni: $\text{Fe}_3\text{O}_4$
S3	$\text{FeCl}_3 \cdot 6\text{H}_2\text{O} + \text{FeCl}_2 \cdot 6\text{H}_2\text{O}$	$\text{CoCl}_2$	Co: $\text{Fe}_3\text{O}_4$

#### Incorporation of DOX

Three different solutions of prepared nano iron composite (50 mg) were immersed in 5ml of DOX solution (1 mg/ml) agitated continuously for 12 hrs at  $24^\circ\text{C}$  (Chen *et al.*, 2016).

The supernatant was well centrifuged as determined by UV spectroscopy to evaluate the incorporated DOX onto nanocomposites.

The decrease in the DOX concentration was in actual an amount of drug incorporated into the nanoparticles. This decrease in absorbance was evaluated frequently after each hour and studied the comparisons of drug loading between pure and doped nanoparticles.

Samples	Incorporation of DOX
S4	DOX- S1
S5	DOX- S2
S6	DOX- S3

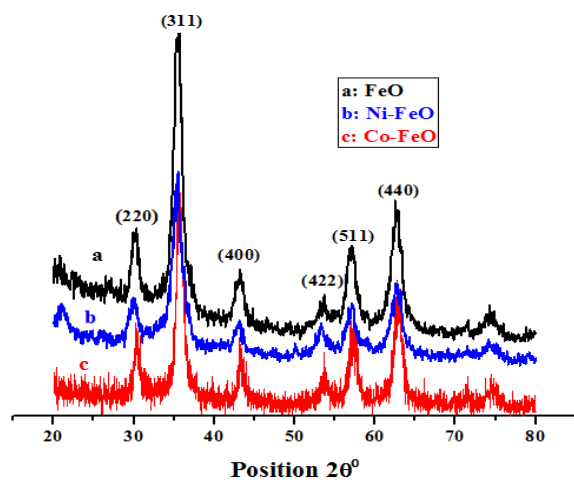
To study the surface morphology scanning electron microscope (SEM) coupled with EDX System (model CARL-ZEISS EVO MA 15) and transmission electron microscope (TEM) & JEM 1230 were employed respectively. While EDX was done for identification of elements present and GENESYS 10S UV-Vis

spectrophotometer was used to record loading of medicine on nanoparticles after each hour.

### Results and discussion

The observed diffraction patterns of  $\text{Fe}_3\text{O}_4$ , Ni- $\text{Fe}_3\text{O}_4$  and Co- $\text{Fe}_3\text{O}_4$ , are comparatively presented in Fig 2. (a-c) respectively. All the characteristic reflection peaks in diffraction patterns (a-c) were well indexed by respective indices using respective JCPDS card numbers. It is evident that the host material is the magnetite phase of  $\text{Fe}_2\text{O}_3$  which has a cubic structure with space group (227) 3d-m and lattice constant  $a = 8.360\text{\AA}$  and planes are same in all patterns.

In Fig. 2a, the peak positions observed at  $2\theta = 29.98^\circ$ ,  $35.30^\circ$ ,  $43.23^\circ$ ,  $53.54^\circ$ ,  $57.16^\circ$  and  $62.72^\circ$  with relative intensities corresponds to  $\text{Fe}_2\text{O}_3$  with the JCPDS card no. 00-002-1035 and are assigned to their respective planes (220), (311), (400), (422), (511) and (440) (Akbarzadeh *et al.*, 2012).<sup>(17)</sup>



**Fig. 2.** XRD pattern of  $\text{Fe}_3\text{O}_4$ , Co- $\text{Fe}_3\text{O}_4$ , and Ni- $\text{Fe}_3\text{O}_4$ .

From broadening of XRD peaks, the measured average crystallite domain “d” is approximately 14.6nm in diameter by using Scherrer formula (Eq. 1) (Cullity BD & Stock, 2001),

$$d = 0.9 \lambda / \beta \cos \theta \quad (1)$$

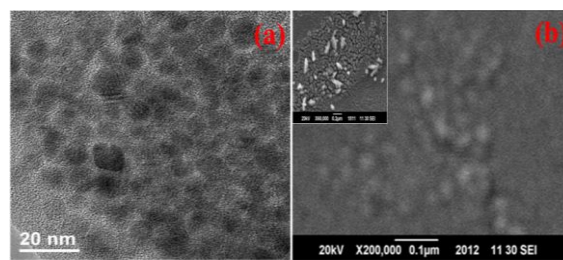
Where,  $\theta$  is Bragg’s angle and  $\beta$  is the full width of XRD peak at half maxima (FWHM),  $\lambda$  is X-ray wavelength).

The XRD pattern of Co and Ni-doped  $\text{Fe}_3\text{O}_4$  are shown in Fig. 2 (b-c) respectively. In the graph (2b), the peaks position at  $2\theta = 30.16^\circ$ ,  $35.59^\circ$ ,  $43.25^\circ$ ,  $53.55^\circ$ ,  $57.17^\circ$  and  $62.72^\circ$  along with relative intensities correspond to Co- $\text{Fe}_2\text{O}_3$  matched with the JCPDS card no. 00-002-1045 and are assigned to their respective planes (220), (311), (400), (422), (511) and (440).

The crystallite size of Co- $\text{Fe}_2\text{O}_4$  using Eq. 1 is around 23 nm in diameter. No characteristic peaks of impurity were seen. XRD patterns of nickel-doped iron oxide nanoparticles, shown in graph (2c), are satisfied by the JCPDS card no. 00-023-1119.

The peak positions at  $2\theta = 30.30^\circ$ ,  $35.59^\circ$ ,  $43.28^\circ$ ,  $53.74$ ,  $57.2^\circ$  and  $62.77$  are marked by reflection planes (220), (311), (400), (422), (511) and (440) respectively. The crystal size of Ni- $\text{Fe}_2\text{O}_4$  estimated using eq.1 is around 14.8nm. No characteristic peaks of any impurity were seen in all diffraction patterns.

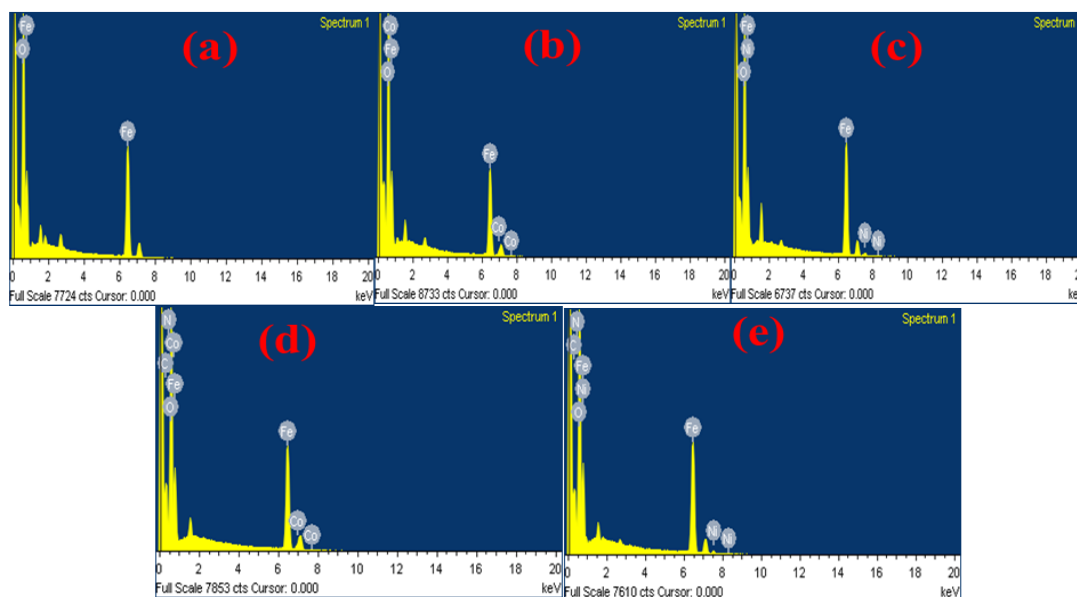
Morphological studies of the synthesized  $\text{Fe}_3\text{O}_4$  nanoparticles were performed by both TEM and SEM fitted with energy dispersive spectrophotometer (EDS) and are shown in Fig. 3 (a-b) at different magnification and voltage of 20 kV.



**Fig. 3.** TEM image of  $\text{Fe}_3\text{O}_4$  (a) SEM micrographs of  $\text{Fe}_3\text{O}_4$  (b).

TEM image of iron oxide NPs as shown in Fig. 3 reveals that the synthesized particles are around 10nm in size and are highly monodispersed with relatively narrow size distribution.

The elemental configurations of free, doped and DOX incorporated onto doped iron oxides, as examined by energy dispersive X-ray spectroscopy system (EDX), are shown in Fig. 4 (a-d) respectively.



**Fig. 4.** EDX spectrum of Fe<sub>3</sub>O<sub>4</sub> (a), Co- Fe<sub>3</sub>O<sub>4</sub> (b), Ni- Fe<sub>3</sub>O<sub>4</sub> (c), DOX: Co-Fe<sub>3</sub>O<sub>4</sub> (d) and DOX: Ni-Fe<sub>3</sub>O<sub>4</sub>.

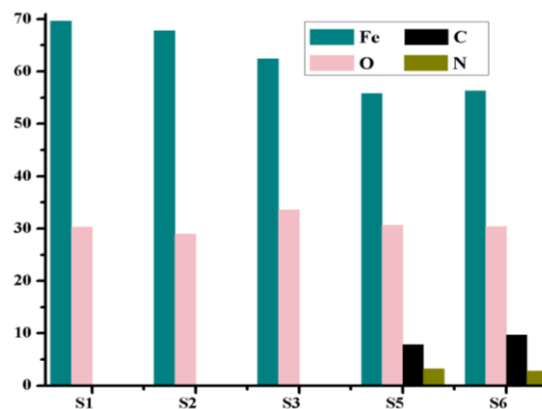
The strong signals of iron and oxygen elements are observed in all spectra, indicating the presence of iron oxide as the host material. The appearance of Co peak in Fig. 4(b,d) and Ni peak in Fig. 4(c,e) validates the doping effect in these respective host materials. After loading of DOX on nanomaterials, the additional peak of carbon and nitrogen can be seen in the spectrum 4(d,e), confirming the loading of doxorubicin medicine. In case of pure Fe<sub>3</sub>O<sub>4</sub> nanoparticles (4a), this same pattern was observed showing that no loading occurred.

**Table 2.** Elemental composition of iron oxide and its various composites.

Elements	S1 (Weight %)	S2 (Weight %)	S3 (Weight %)	S5 (Weight %)	S6 (Weight %)
Fe	69.64	67.76	62.49	55.77	56.31
O	30.36	29	33.6	30.69	30.4
C	0	0	0	7.87	9.67
N	0	0	0	3.21	5.78

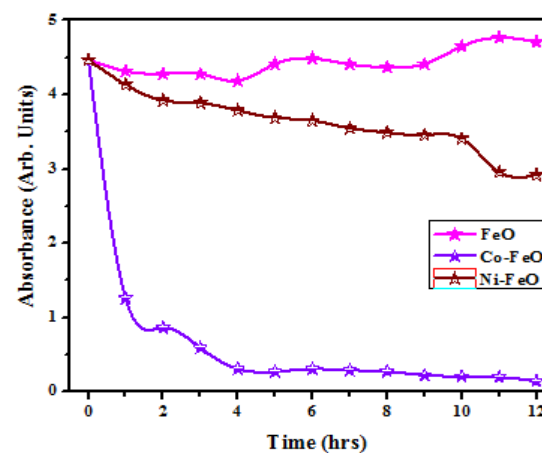
An overview of weight % of the elements present in the samples S1, S2, S3, S5 and S6 are provided in Table 2. From Table 2 and Fig. 4 are indicating that the host material contains iron (~62-70%) and oxygen (~29-34%) for S1, S2 and S3.

The appearance of carbon and nitrogen in S5 and S6 indicate the occurrence of doxorubicin with a decrease (~20%) in iron and same oxygen quantity. The excess amount of C and N in S6 shows the maximum loading of DOX onto Co-Fe<sub>3</sub>O<sub>4</sub>.



**Fig. 5.** Elemental composition of prepared specimens.

The incorporation of DOX onto different composites of iron oxides nanoparticles as observed by UV-Vis are shown in Fig. 6.



**Fig. 6.** Loaded spectrum of Fe<sub>3</sub>O<sub>4</sub> with different composites.

Naked  $\text{Fe}_3\text{O}_4$  has shown least absorbance over a period of 12 hrs as compared to doped ones, showing the least loading of DOX. On the other side, iron oxide with Co and Ni dopant has shown ~ 99.99% and 66% absorbance of DOX amount respectively. The particles synthesized in this route are very clear and symmetric having narrow size distribution revealed by TEM micrograph. Furthermore, the metallic core was prepared by reducing hematite or goethite and similar particles were prepared by a hydrogen reduction procedure preliminary with ferrihydrite, but the addition of the metallic dopants as ferrihydrite was formed in a solution or to the formed particles before hydrogen reduction (Chun, Baer, Matson, Amonette, & Penn, 2007). Moreover, high purity iron metallic core oxide nanoparticles were synthesized by a sputter aggregation process (Antony, Qiang, Baer, & Wang, 2006).

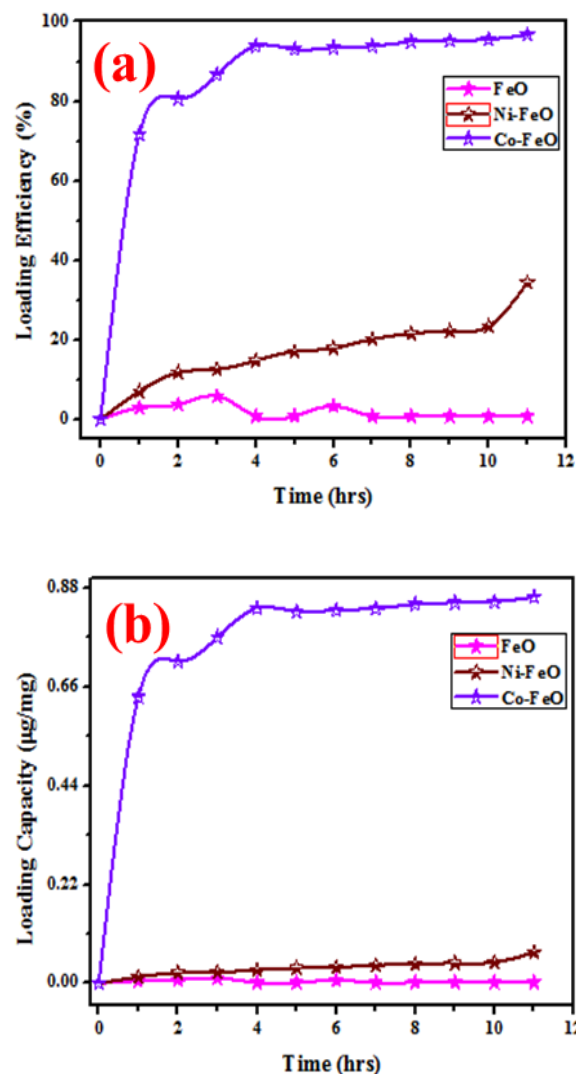
From XRD analysis, it is difficult to distinguish the dopants (Ni, Co) from host material ( $\text{Fe}_3\text{O}_4$ ) nanoparticles as the doping may occur into lattice or into the surface of iron oxide nanoparticles and they have similar crystal structures (Koster, 1972). It was observed that for Co-doped samples up to 5%, the average particle size estimated from TEM didn't show any appreciable change as compared to pure  $\gamma\text{-Fe}_2\text{O}_3$  (S Chakrabarti, 2005). SEM analysis clearly defines the surface morphology of the particles which counter confirmed the nano size of the manufactured material. EDX results show the dopant peaks in its spectrum.

Loading efficiency (LE) and capacity (LC) of drugs were calculated by following equations 2 (Sabeti *et al.*, 2014) and 3 (Mohammad Hossein Mashhadizadeh and Mitra Amoli-Diva, 2012) respectively.

$$\begin{aligned} & \% \text{ Loading efficiency of drug} \\ & = \frac{[Drug_{ini}]_c - [Drug_{free}]}{[Drug_{ini}]} \times 100 \quad (2) \end{aligned}$$

$$\begin{aligned} & \text{Loading capacity of drug} \left( \frac{\text{mg}}{\text{mg}} \right) \\ & = \frac{[Drug_{ini}] - [Drug_{free}]}{[Drug_{carrier}]} \quad (3) \end{aligned}$$

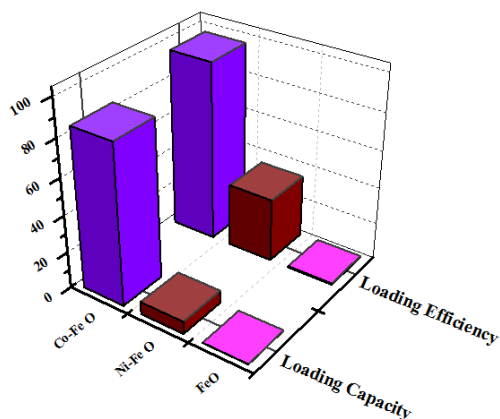
$Drug_{ini}$  is the initial amount (mg) of the drug,  $Drug_{free}$  is the unbound drug remains in the supernatant and  $Drug_{carrier}$  is the total amount (mg) of carrier.



**Fig. 7.** Loading efficiency & loading capacity of nano composites of iron oxide.

$\text{Fe}_3\text{O}_4$  has shown low value of loading efficiency and capacity over 12 hrs as observed in Fig. 7 (a-b). The doped iron oxide has displayed high loading response in efficiency and capacity with the passage of time.

From Fig.s (7,8), a significant increase in loading efficiency and loading capacity with Co: $\text{Fe}_3\text{O}_4$  was found in first 5 hrs and this advantage slowdown in next same interval of time furthermore seems stable. This loading response is attributed to the doping concentrations.



**Fig. 8.** Loading efficiency & loading capacity of the naked and doped material.

Fig. 8 depicts a comparison of loading efficiency and capacity of the naked and doped host material. The overview of the whole experiment suggests that the CoO is a promising candidate in pure as well as a dopant in other metal oxide.

It has been observed that Co doping not only increases reactivity but also modify reaction pathways (Lien & Zhang, 2007) and distribution of metal have to impact on the reactivity of particles (Zhang, 2003). Prepared particles were stirred in an aqueous solution of anticancer drug (DOX) to be diffused onto the particles. A lot of procedures are discussed which are responsible for drug loading such as surface charges, type of bonding laying among these materials. Considering these results, we can see that doping of Co play a much-unexpected role in the trapping of the drug onto the particles which is negligible without doping. The available binding site is a major factor, subsequently may be the forces which remain the conjugate firm (or loading), attractive forces like Vander Waals, play role in diffusion of drug (Javed *et al.*, 2015). During loading, we discover that pure Iron oxide diffused a little quantity of medicine on it while doping of Co enhances the diffusion property of pure iron oxide.

#### Kinetics Data Analysis

From above data it is observed that only doping of Cobalt in iron oxide gives fruitful results of medicine loading. The observed data is analyzed on the basis of Kinetics of adsorption mechanism, chemical

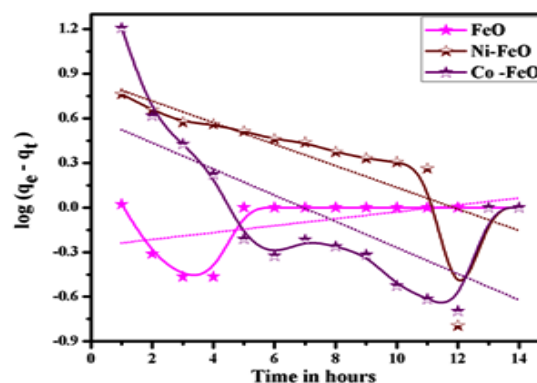
reaction, mass transport processes, and diffusion rate kinetic models.

#### Lagergren pseudo-first-order

The pseudo-first-order equation (Ho & McKay, 2000) can be written as

$$\log(q_e - q_t) = \log q_e - \frac{k_1}{2.303} t \quad (3)$$

Where  $q_e$  and  $q_t$  are the drug adsorbed by Cobalt doped iron oxide nano particles at equilibrium state and at some time  $t$  respectively,  $k_1$  is the Lagergren rate constant of adsorption ( $1/\text{min}$ ), by plotting graph of  $\log(q_e - q_t)$  against  $t$  provides a linear relationship to calculate the value of  $k_1$  and  $q_e$  from the slope and intercept of graph line respectively.



**Fig. 9.** Pseudo-first-order kinetic model.

Material	$Q_e(\text{mgg}^{-1})$	$K_1(\text{min}^{-1})$	$R^2$
FeO	10.38	0.253	0.966
Co-FeO	16.13	0.352	0.839
Ni-FeO	5.79	0.106	0.975

The validity of pseudo-first-order kinetic model was tested by the straight lines fitting as illustrated in Fig. 9. The values of the adsorption constant  $k_1$  and desorption mass at equilibrium state  $q_e$  found from pseudo first order linear plot doesn't match with experimental data at some points and have very small correlation coefficient ( $R^2 = 0.975$ ) for Nickel doped iron oxide nanoparticles, suggesting that reaction deviate this model during ten to fourteen hours

#### Pseudo-Second-Order Model

The pseudo-second-order model [40] in linear form is

$$\frac{t}{q_t} = \frac{1}{k_2 q_e^2} + \frac{t}{q_e} \quad (4)$$

The initial rate of absorption is

$$h = k_2 q_e^2 \quad (5)$$

$$\frac{t}{q_t} = \frac{1}{h} + \frac{t}{q_e} \quad (6)$$

Where  $k_2$  represents the pseudo second-order adsorption rate constant (g/mg min). The values of  $q_e$  and  $k_2$  can be determined from the slope and intercept of the graph of

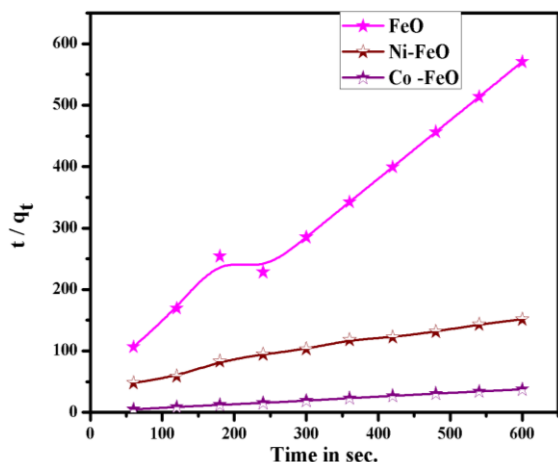


Fig. 10. Pseudo-second-order kinetic model.

Material	Qe(mg/g)	h (mg/g min)	K2(g/mg min)	R2
FeO	10.38	511370.09	4746.141	0.107
Co-FeO	16.13	91113.46	350.198	0.999
Ni-FeO	5.79	48764.51	1454.611	0.976

The plot of experimental value and application of the pseudo- second order model is shown in Fig. 10. This kinetic model good agreement with the experimental values. The values of the adsorption constant  $k_1$  and desorption mass at equilibrium state  $q_e$  found from pseudo- second order linear match closely with experimental data and have coefficient ( $R^2 = 0.999$ ), suggesting that the this model is sensible to the adsorption processes of anticancer drugs on Cobalt doped Iron oxide involve chemical adsorption and may have ion exchange phenomenon (Liu *et al.*, 2017).

*Elovich Model*

The Elovich model (Chien & Clayton, 1980) can be presented as

$$q_t = \frac{1}{\beta} \ln \alpha \beta + \frac{1}{\beta} \ln t \quad (7)$$

Where  $\alpha$  is called initial adsorption rate (mg/gmin) and  $\beta$  is known as desorption constant (g/mg). The plot between  $q_t$  and  $\ln t$  provides a linear relationship and  $\alpha$  and  $\beta$  are the slope and intercept of the plot.

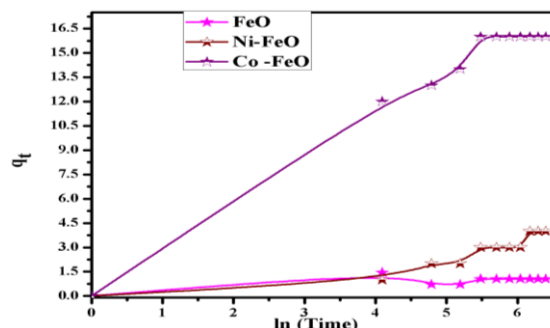


Fig. 11. Elovich model.

Material	$\alpha$ (mg/g)	$\beta$ (g/mg)	R2
FeO	6.353	0.619	0.664
Co-FeO	3.374	0.396	0.974
Ni-FeO	1.357	1.645	0.860

Elovich model (Fig. 11) has almost agreement with experimental data having coefficient ( $R^2 = 0.974$ ), as it supports chemisorptions with heterogeneous adsorbing surfaces and the adsorption rate decreases with time as an increase in surface exposure (Arshadi, Amiri, & Mousavi, 2014). So it is clear that Elovich model doesn't match with experimental data at some points and have very small correlation coefficient ( $R^2 = 0.974$ ) for Cobalt doped iron oxide nanoparticles,

*Intra-Particle Diffusion Model*

The intra-particle diffusion model (Cheung, Szeto, & McKay, 2007) is extensively used for adsorption studies where,  $k_i$  is the rate constants of intra-particle diffusion at stage  $i$  and can be determined by following equation:

$$q_t = k_i t^{1/2} + C_i \quad (8)$$

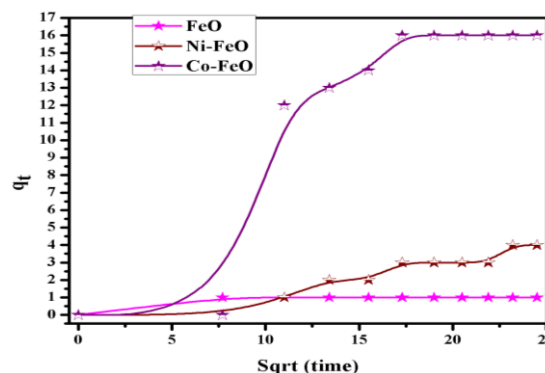


Fig. 12. The intra-particle diffusion model.



Material	$k_f$ (mg/g.min <sup>1/2</sup> )	$C_i$ (mg/g)	R <sup>2</sup>	$k_{if}$ (mg/g.min <sup>1/2</sup> )	$C_{if}$ (mg/g)	R <sup>2</sup>
FeO	0.648	5.800	0.871	0.648	5.800	0.871
Co-FeO	1.062	2.140	0.769	0.169	0.345	0.985
Ni-FeO	0.143	0.328	0.695	0.107	13.280	0.582

The intra-particle diffusion model predicts two rate controlling adsorption steps. The first step is sharper and does not pass intercept at origin as shown in Fig. 12 and showed that rate controlling step involves the boundary layer diffusion process. The second step is gradual with low diffusion rate due to low concentration of drug remain in solution. [45]. Here it can be assumed that The intra-particle diffusion model doesn't match with experimental data at some points and have very small correlation coefficient ( $R^2 = 0.985$ ) for Cobalt doped iron oxide nanoparticles,

### Conclusion

The application of magnetic nanoparticles as a carrier in drug delivery system is still defined by its biocompatibility and selective targeting to desired cells or tissue under the assistance of external magnetic field. Advances in current technologies and development in nano drug delivery systems have fast-tracked and headed to the creation of numerous nano-magnetic formulations like polymeric, metallic, non-metallic and liposomal nanoparticles. These novel delivery systems have increased the ability to carry drugs for which conventional therapy has shown limited efficacy. Technology will not only minimize invasive procedures but also reduce side effects to healthy tissues, which are two primary concerns in conventional cancer therapies (Sun *et al.*, 2008).

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**Conflict of interest:** This manuscript has no conflict of interest.

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