



## RESEARCH PAPER

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## Alpine wetland flora, species life forms and chorology of the Sabalan Mountain-Iran

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### Abstract

Alpine rangelands of the Sabalan Mountain, due to the exposure to Siberian cold wet, Hyrcanian and Mediterranean climate flows, have a variety of vegetation types and vegetation components. Knowledge of species life forms and vegetation components is considered as a useful guide for environmental management in the region. The results showed that totally, there are 120 plant species that belong to 73 genera and 30 families in this study area. Poaceae family including 29 species and Fabaceae family including 12 species have the highest number of species. In the current study, species life forms were recognized by physiognomy, and conventional floristic studies were applied to determine the vegetation components. Overall, two major vegetation groups were recognized including wet meadow species, with the dominance of *Alopecurus textilis* Boiss., *Festuca sulcata* (Hack.) Beck, *Festuca rubra* L., *Festuca ovina* L., *Trifolium montanum* L., and peat swamp species, with the dominance of *Blysmus campresus* L., *Eremopoa persica* (Trin) Roshev., *Carex strigosa* L., distributed from an altitude of 2500 to 3800 m in the heights of Sabalan. According to the Raunkier's life form, hemicryptophytes and cryptophytes including bulbous geophytes, corm geophytes, rhizome geophytes, hydrophytes and floating species were the most abundant species life forms, respectively. In addition, in terms of chorological spectrum, the vegetation components of this region belong to the European-Siberian and Iran-O-Touranian regions.

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## Introduction

A few researches have been conducted on the wetlands of Sabalan heights as well as on other similar regions. The following studies can be mentioned as example.

Javanshir (1990) in vegetation studies of Sabalan Mountain, stated that vegetation cover of upper altitudes (above 3500 m) included dwarf species such as *Bellis perennis* (Bellis) as well as species from genus *Sedum*. Sharifi *et al* (2009) also studied the vegetation types of Ardabil and showed that in upper altitudes (above 2800 m) of Sabalan northern slopes, cushion species of *Astragalus* were removed totally and replaced by *Alopecurus textilis* L. Akbarlou *et al* (2009) investigated the plant communities of Chldoran northwest grasslands in west Azerbaijan. This research showed that 83 species were observed inside quadrates, belonging to 67 genera and 26 families. Most of the species belonged to the Gramineae and dominant life forms were hemicryptophytes, terophytes and geophytes. Naqinezhad *et al* (2007) in a study on the ecology of wetlands of southern slopes of the Central Alborz Mountains, classified the vegetation cover of the region into two major groups including aquatic and telmatic plant species. The exclusive species of each group were as follows: Aquatic species: *Hippuris vulgaris*, *Eleocharis palustris* subsp. *palustris*, *Chara* sp, Telmatic species: *Carex orbicularis* subsp. *Kotschyana*, *Ranunculus amblyolobus*, *Juncus inflexus*, *Blismus compressus* subsp. *compressus*, *Poa pratensis*, *Agrosis stolonifera*, *Equisetum palustris*. Kamrani *et al* (2011) studied the relationship between environmental factors and vegetation characteristics in the wetlands of the southern slopes of western Alborz Mountain. They showed that geophytes and endemic species increased by increasing altitude but soil pH and EC decreased. Naqinezhad *et al* (2010) investigated species diversity in wetland habitats of dry steppes of Alborz southern slopes, and concluded that wet meadows, wetlands, ponds, and rivers were the main habitats, totally, 226 species were collected and identified and according to the calculations of

species frequency, the highest frequency percentage was recorded for *Carex orbicularis*, *Juncus inflexus*, *Mentha longifolia*, and *Juncus articulatus*. Cantero *et al* (2003) studied the effects of climate, soil and topography factors on rangeland vegetation of central Arjentina, they showed that in addition to the altitude, soil nutrients affected the species distribution.

In vegetation studies and environmental assessments, life form and species diversity are considered as one of the most important and fast indicators in determination of ecosystem condition (Wilson. S.D. & D. Tilman, 2002). This research was aimed to study the flora, life forms and chorology of existing plants in the wetland of Sabalan Mountain and obtained results could be used to evaluate the condition of these ecosystems.

## Materials and methods

### *Location and characteristics of the study area*

The study area is located in northeastern Iran, in the northern and eastern slopes of the Sabalan Mountain, between longitudes 47°, 23' and 48°, 42' E and latitudes 37°, 55' and 37°, 55' and 38°, 53' N, with an altitude of 2500-3500 m a.s.l., according to the Emberger classification, the climate of the region is cold semi-humid to extremely cold (ultra cold). Mean annual precipitation is about 620 mm and maximum precipitation occurs in autumn and winter as snow, Light and dark brown soils are the most common soil type of the region, spread associated with tuff and volcanic sands.

### *Methods*

To study the species life form and vegetation components in the heights of Sabalan, initially, vegetation types were identified by field visits the locations were determined on base map with a scale of 1:50000.

Afterward, the dominant species of each vegetation type were determined by random systematic method, using transects and quadrates, species life forms were

recognized by physiognomy based upon Raunkiaer classification, and conventional floristic studies were applied to determine the vegetation components, using Flora Iranica, Flora of Turkey, Flora of Iraq, Flora of the Soviet Union, and Flora of Iran.

In addition, the geographical distribution of vegetation components were determined by Flora Iranica and Takhtajan classification., all collected species samples are recorded and kept in the herbarium of Research Center for Agriculture and Natural Resources, Ardabil, Iran.

### Results

Alpine wetlands of Sabalan Mountain, include two major vegetation groups namely meadow species and peat swamp species.

**Meadow species:** This group of species is observed as grass communities (grassland), this type of vegetation community is usually distributed in water catchment areas, nourished by the drainage water of rivers or surrounding springs., the soil texture is generally loamy to sandy-loam and in some site is clay-loam, soil pH varies between 5.97 and 8.43 but some sites have an alkaline soil due to the high soil pH.

*The most dominant species of this group are as follows:*

*Alopecurus aequalis* Sobol., *Astragalus odoratus* Lam. *Cyperus longus* L., *Carex divisa* Huds., *Eremopyrum distans* (C.Koch)Nevski., *Festuca ovina* L., *Festuca sulcata* L., *Festuca rubra* L., *Trifolium montanum* L., *Trisetum flavescens*(L) P.Beauv., *Trifolium pratense* L., *Taraxacum hydrophilum* V.Soes., *Hordeum violaceum* Boiss.etHuet., *Phleum phleoides* H. Karst., *Plantago atrata* Hoppe., *Medicago sativa* L., *Poa pratensis* L., *Poa trivialis* L. *Orcis mascula*(L.) L.,

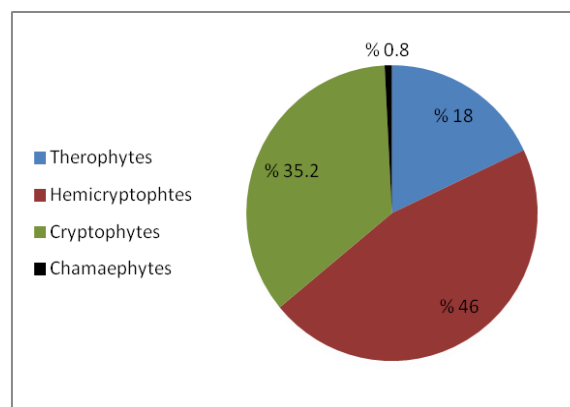
**Peat swamp species:** This group of species is observed in topographic valleys and or in U-shaped valleys, located in mountainous areas. Peat swamps

have higher moisture storage as compared to wet meadows and survive for a longer period of time, due to the low temperature, litter decomposition is performed later; therefore, the amounts of soil organic matter are greater in these communities.

*The important species of this group are as follows:*

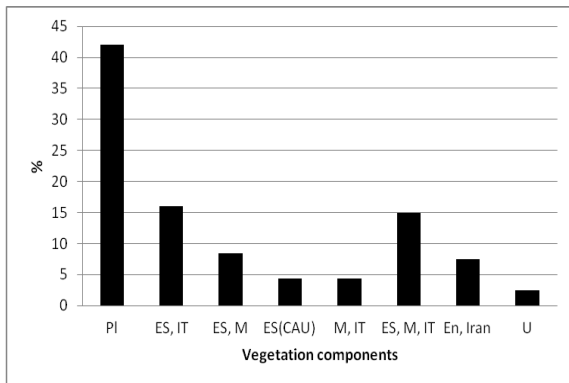
*Blasmus campressus*L (Panzer)Subsp.campressus., *Eremopoa persica* (Trin)Roshev.,*Carex strigosa* L. *Carex songorica* Kar & Kir., *Carex orbicularis* L., *Hipporis vulgaris* L., *Trifolium repense* L., *Agrostis stolonifera* L., *Ranunculus lateriflorus* DC., *Trisetum bungei*Boiss., *Grostis stolonifera* L.,

The species life forms in alpine wetlands of Sabalan Mountain included %18 Therophytes, %35.2 Cryptophytes, % 46 Hemicryptophytes and % 0.8 Chamaephytes (Fig. 1).



**Fig. 1.** Species life forms in the heights of Sabalan Mountain.

According on the results of chorological species, in terms of chronological spectrum, from 119 species , were formed in: % 42 Pluriregional., % 16 Europa-Siberian, Irano-Turanian., % 8.4 Europa-Siberian, Mediterranean., % 4.3 Europa-Siberian (Caucasian), % 4.3 Mediterranean, Irano-Turanian., % 15 Europa-Siberian, Irano-Turanian, Mediterranean., % 7.5 Indemic for Iran and % 2.5 of species were not identified (Fig. 2).



**Fig. 2.** Vegetation components in the heights of Sabalan Mountain.

ES= Europa-Siberian, IT= Irano-Turanian, M= Mediterranean, PI= Pluriregional, EN (Iran)= Iran Endemic U= Uncertain

**Discussion**

Alpine rangelands of the Sabalan Mountain, due to the exposure to Siberian cold wet, Hyrcanian and Mediterranean climate flows, have a variety of vegetation types and vegetation components. Knowledge of species life forms and vegetation components is considered as a useful guide for environmental management in the region. Based on the results of conducted studies, overall, 120 plant species belonging to 73 genera and 30 families have been identified and recorded in the studied habitats (Table 1). Poaceae and Fabaceae are considered as the largest families in the study area with 29 and 12 species, respectively.

The species life forms included annual specie (18%, therophytes), cryptophytes (35.2%), hemicryptophytes (46%), and chamaephytes (0.8%). Hemicryptophytes and cryptophytes were the most abundant species life forms, respectively.

The abundance of hemicryptophytes and cryptophytes indicates the cold and mountainous climate of a region (Archibold, 1995), which is in accordance with our findings. A relatively high percentage of hemicryptophytes and cryptophytes in mountainous wetlands shows moisture retention by these species until the growth stage.

In the group of wet meadow species, from 2500-3800 m a.s.l., *Alopecurus textiles*, *Festuca rubra*, *Festuca sulcata* and *Festuca ovina* together with *Trifolium montanum* are observed widespread, especially in the northern and eastern slopes of Sabalan, indicating the high potential of the region. Due to the cold climate and being mountainous as well as difficult access to the region, the mentioned species are in a climax condition and hemicryptophytes and cryptophytes were the most abundant species life forms, respectively.

In the group of swamp species, from 2200 to 3000 m a.s.l, *Blysmus campressus* L (Panzer) Subsp.campressus., *Eremopoa persica* (Trin)Roshev., and *Carex strigosa* L. were abundant especially in topographic and or U-shaped valleys. Peat swamps have higher moisture storage as compared to wet meadows and survive for a longer period of time. Due to the low temperature, litter decomposition is performed later; therefore, the amounts of soil organic matter are greater in these communities.

Overall, it can be concluded that the geographical distribution of plant species is dependent on environmental and climate conditions of the region. Due to the exposure to Siberian cold wet, Hyrcanian and Mediterranean climate flows, the vegetation components of this region belong to the European-Siberian and Iran-O-Touranian regions.

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**Appendix 1.** Plant Checklist of alpine wetlands of Sabalan Mountain-Iran.

Species	Family	Life forms	Chorotype
<i>Alchemilla filipendula</i> Lam.	Asteraceae	He	ES (CAU), IT
<i>Adonis dentata</i> Delile	Fabaceae	Th	ES(CAU), M, IT
<i>Agrostis stolonifera</i> L.	Poaceae	Cr(GR)	ES, IT, M
<i>Alchemilla persica</i> Rothm.	Rosaceae	Cr(GR)	IT, ES(CAU)
* <i>Alchemilla citrina</i> Frohner	Rosaceae	He	EN(Iran)
<i>Allium ampeloprasum</i> L.	Alliaceae.	Cr(GB)	ES(CAU), M
<i>Alopecurus arundinaceus</i> Poir.	Poaceae	Cr(GR)	PL
<i>Anthemis</i> sp.	Asteraceae	Th	U
<i>Arenaria gypsophiloides</i> Willd. ex ledeb.	Caryophyllaceae	Th	PL
<i>Asparagus persicus</i> Baker	Liliaceae	He	PL
<i>Astragalus hamosus</i> L.	Fabaceae	Th	PL
<i>Astragalus odoratus</i> Lam.	Fabaceae	He	IT, CAU
<i>Barbarea plantaginea</i> DC.	Brassicaceae	He	ES(CAU), M
<i>Bromus danthoniae</i> Trin. ex C.A.Mey.	Poaceae	Th	PL
<i>Bromus tomentellus</i> Boiss.	Poaceae	He	PL
<i>Capsella bursa-pastoris</i> Medik.	Brassicaceae	Th	PL
<i>Cardamine uliginosa</i> M.Bieb.	Brassicaceae	Th	ES( CAU)
<i>Carex riparia</i> Poir.	Cyperaceae	Cr(GR)	IT, ES( CAU)
<i>Carex distans</i> L.	Cyperaceae	Cr(GR)	ES, M ,IT
<i>Carex divulsa</i> Gaudin	Cyperaceae	Cr(GR)	ES, M ,IT
<i>Carex orbicularis</i> Boott subsp. kotschyana (Boiss. & Hohen.) Kukkonen	Cyperaceae	Cr(GR)	IT, ES( CAU)
<i>Carex songorica</i> Kar. & Kir.	Cyperaceae	Cr(GR)	E,IT, ES( CAU)
<i>Carex stenophylla</i> Wahlenb.	Cyperaceae	Cr(GR)	ES( CAU), IT
<i>Carex strigosa</i> Willd. ex Kunth	Cyperaceae	Cr(GR)	ES( CAU), IT
<i>Catabrosa aquatica</i> P.Beauv.	Poaceae	Cr(GR)	PL
* <i>Centaurea cheiranthifolia</i> Willd.	Asteraceae	He	EN(Iran)
<i>Chenopodium ambrosioides</i> L.	Chenopodeaceae	Th	ES, M
<i>Cynodon dactylon</i> (L.) pers.	Poaceae	Cr(GR)	PL
<i>Cyperus longus</i> L.	Cyperaceae	Cr(GR)	ES( CAU), IT
<i>Cyperus</i> sp.	Cyperaceae	He	U
<i>Dactylis glomerata</i> L.	Poaceae	He	PL
* <i>Deyeuxia parsana</i> Bor	Poaceae	He	EN(Iran)
<i>Dianthus pachypetalus</i> Stapf	Caryophyllaceae	He	ES, M, IT
<i>Equisetum palustre</i> L.	Equisetaceae	Cr(GR)	PL
<i>Equisetum arvense</i> L.	Equisetaceae	Cr(GR)	PL
<i>Eremopoa persica</i> (Trin.) Roshev.	Poaceae	Th	IT, M
<i>Eremopyrum distans</i> (K.Koch) Nevski	Poaceae	He	PL
<i>Euphrasia juzepczukii</i> Denissova	Scrophulariaceae	Th	ES(CAU), M, IT
<i>Festuca heterophylla</i> Wahlenb.	Poaceae	He	PL
<i>Festuca ovina</i> L.	Poaceae	He	PL
<i>Festuca pratensis</i> Huds.	Poaceae	Cr(GR)	ES(CAU)
<i>Festuca rubra</i> L.	Poaceae	He	PL
<i>Festuca sulcata</i> (Hack.)Beck	Poaceae	He	PL
<i>Galium verum</i> L.	Rubiaceae	Cr(GR)	PL
<i>Geranium albanum</i> M.Bieb.	Geraniaceae	Th	ES(CAU), M
<i>Geranium pyrenaicum</i> Burm.f.	Geraniaceae	Th	ES(CAU), M
<i>Geum rivale</i> L.	Rosaceae	Cr(GR)	PL
<i>Hippuris vulgaris</i> L.	Hippuridaceae.	Cr(Hy)	ES
<i>Hordeum bulbosum</i> L.	Poaceae	Cr(GB)	PL
<i>Hordeum violaceum</i> Boiss. & Hohen.	Poaceae	He	IT, ES(CAU)
<i>Iris caucasica</i> Hoffm.	Iridaceae	Cr(GC)	M, IT
<i>Iris pseudocaucasica</i> Grossh.	Iridaceae	Cr(GC)	PL
<i>Juncus gerardii</i> Loisel.	Juncaginaceae	Cr(GR)	IT
<i>Jurinella</i> sp.	Asteraceae	He	U
<i>Juncus Littoralis</i> C.A.Mey.	Juncaginaceae	He	PL

Species	Family	Life forms	Chorotype
<i>Jurinella moschus</i> (Hablitz) Bobrov	Asteraceae	He	PL
<i>Koeleria cristata</i> Pers.	Poaceae	He	PL
<i>Koeleria eriostachya</i> Pančić	Poaceae	He	ES(CAU), IT
<i>Lathyrus pratensis</i> L.	Fabaceae	Cr(GR)	PL
<i>Lolium persicum</i> Boiss. & Hohen.	Poaceae	He	PL
<i>Lotus angustissimus</i> L.	Fabaceae	He	ES, M, IT
<i>Lotus corniculatus</i> L.	Fabaceae	He	ES, M, IT
<i>Mentha aquatica</i> L.	Lamiaceae	He	ES, M
<i>Mentha longifolia</i> Host	Lamiaceae	He	ES, M
<i>Medicago sativa</i> L.	Fabaceae	He	ES,IT
<i>Melilotus officinalis</i> (L.) Lam.	Fabaceae	He	PL
<i>Minuartia hybrida</i> (vill.) Schischk.	Caryophyllaceae	Th	ES, IT, M
<i>Muscari caucasicum</i> Baker	Liliaceae	Ge(B )	M, IT, ES(CAU)
<i>Muscari comosum</i> (L.) Mill.	Liliaceae	Ge(B )	ES, M, IT
<i>Muscari racemosum</i> (L.) Mill.	Liliaceae	Ge(B )	PL
<i>Myosotis asiatica</i> (Vestergr.) Schischk. & Serg.	Boraginaceae	Th	PL
* <i>Myosotis olympica</i> Boiss.	Boraginaceae	Th	EN(Iran)
<i>Nasturtium officinale</i> R.Br.	Brassicaceae	He	ES, IT
<i>Orchis latifolia</i> L.	Orchidaceae	Ge(C )	ES(CAU), M
<i>Pedicularis sibthorpii</i> Boiss.	Scrophulariaceae	He	PL
<i>Phalaris minor</i> Retz.	Poaceae	Cr(GR)	PL
<i>Phleum paniculatum</i> Huds.	Poaceae	Th	ES(CAU), M, IT
<i>Phleum phleoides</i> H.Karst.	Poaceae	He	PL
<i>Pimpinella tragium</i> Vill.	Apiaceae	He	ES(CAU), M, IT
<i>Plantago lagopus</i> L.	Plantaginaceae	Th	PL
<i>Plantago atrata</i> Hoppe	Plantaginaceae	He	ES(CAU), IT
<i>Plantago lanceolata</i> L.	Plantaginaceae	He	ES, M, WIT
<i>Plantago major</i> L.	Plantaginaceae	He	PL
<i>Plantago maritima</i> L.	Plantaginaceae	He	ES, IT
<i>Poa araratica</i> Trautv.	Poaceae	Cr(GR)	PL
<i>Poa bulbosa</i> L.	Poaceae	Cr(GB)	PL
<i>Poa pratensis</i> L.	Poaceae	Cr(GR)	PL
<i>Poa trivialis</i> L.	Poaceae	Cr(GR)	PL
<i>Polygonum alpestre</i> C.A.Mey.	Polygonaceae	He	ES(CAU), M, IT
<i>Polygonum amphibium</i> L.	Polygonaceae	He	PL
<i>Potamogeton nodosus</i> Poir.	Potamogetonacea	Cr(Hy)	PL
<i>Potamogeton pectinatus</i> L.	Potamogetonacea	Cr(Hy)	PL
<i>Potentilla canescens</i> Besser	Rosaceae	He	PL
* <i>Potentilla persica</i> Boiss. & Hausskn. ex Boiss.	Rosaceae	He	EN(Iran)
<i>Potentilla recta</i> L.	Rosaceae	He	PL
<i>Ranunculus arvensis</i> L.	Ranunculaceae	Th	ES, M
<i>Ranunculus lateriflorus</i> DC.	Ranunculaceae	Th	PL
* <i>Ranunculus persicus</i> DC.	Ranunculaceae	He	EN(Iran)
<i>Rumex acetosa</i> L.	Polygonaceae	Cr(GR)	PL
<i>Salvia aethiopsis</i> L.	Lamiaceae	He	PL
<i>Sanguisorba minor</i> Scop.	Rosaceae	He	PL
<i>Sedum pallidum</i> M.Bieb.	Crassulaceae	He	ES(CAU)
<i>Sedum pilosum</i> M.Bieb.	Crassulaceae	He	ES(CAU)
<i>Sonchus asper</i> (L.) Hill	Asteraceae	He	IT, M
<i>Sparganium erectum</i> L.	Sparganiaceae	Ch	PL
* <i>Taraxacum azerbaijanicum</i> Soest	Asteraceae	He	EN(Iran)
<i>Taraxacum bessarabicum</i> Fisch.	Asteraceae	He	ES, NIT
* <i>Taraxacum hydrophilum</i> Soest	Asteraceae	He	EN(Iran)
<i>Taraxacum montanum</i> DC.	Asteraceae	He	M, ES(CAU)
<i>Thelypteris palustris</i> Schott	Thelypteridaceae	Cr(GR)	PL
<i>Trifolium montanum</i> L.	Fabaceae	Cr(GR)	ES, IT, M
<i>Trifolium pratense</i> L.	Fabaceae	He	ES, M, IT
<i>Trifolium repense</i> L.	Fabaceae	Cr(GR)	ES, IT, M

Species	Family	Life forms	Chorotype
<i>Trifolium alpestre</i> L.	Fabaceae	Cr(GR)	PL
<i>Tripleurospermum decipiens</i> (Fich. & C.A.Mey) Bornm.	Asteraceae	Th	ES(CAU), M
<i>Trisetum flavescens</i> (L.) P.Beauv.	Poaceae	He	PL
* <i>Urtica dioica</i> L.	Urticaceae	Cr(GR)	En( Iran, Irag)
<i>Veronica orientalis</i> Mill.	Scrophulariaceae	He	ES, IT
<i>Vicia cracca</i> L.	Fabaceae	He	ES, IT
<i>Viola arvensis</i> Murray	Violaceae	He	ES, IT

\*= Iran Endemic

ES= Europa-Siberian, IT= Irano-Turanian, M= Mediterranean, Pl= Pluriregional, EN ( Iran)= Iran Endemic, U= Uncertain. Th = Therophytes, Cr= Cryptophytes (GB, GC, GR, Hy ) He= Hemicryptophytes, Ch= Chamaephytes. GB= Geophytes (Bulbs ) , GC= Geophytes (Cum mastex), GR= Geophytes (Rhizome), Hy= Hydrophytes.