



## Diversity assessment of fruit-bearing tree species in Don Mariano Marcos Memorial State University forest reserve

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### Abstract

This study was conducted to determine the diversity of fruit-bearing tree species in Don Mariano Marcos Memorial State University (DMMMSU) Forest Reserve. Specifically, the study aimed to inventory the fruit bearing tree species present in DMMMSU Forest Reserve, classify the fruit-bearing tree species in the study area, identify their conservation status, compute their importance value, and determine their distribution through diversity indices. There were 12 quadrats established with a dimension of 20 m x 20 m each. The study area was selected based on the presence of wide range of vegetation in DMMMSU Forest Reserve. There are 473 individual species identified at DMMMSU Forest Reserve belonging to 14 families with 24 species. One species recorded, *Tectona philippinensis* Benth. & Hook. f. Verbenaceae, was listed as endangered species. *Coffea* spp. had the highest density and importance value, and *Mangifera indica* L. had the highest frequency. The diversity indices had a relative value of moderate and high degree of diversity. Continuous protection of the Forest Reserve is therefore recommended. Planting of additional fruit-bearing tree species in the area with low diversity indices are recommended to increase diversity. Areas within the Forest Reserve with low plant diversity were recommended for planting and assisted natural regeneration programs using species with high importance value. Regular monitoring should be conducted in the Forest Reserve to assess the changes in diversity of fruit-bearing tree species to support decision-making and policy formulations.

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## Introduction

Over the years, the forest has been a continuous source of fruits, wood, charcoal, and land for agricultural purposes that have led to present depletion (Kunwar and Sharma, 2004; Asifat *et al.*, 2019). Armenteras *et al.* (2009) reported that fruit trees have provided many ecosystem services such as species conservation, prevention of soil erosion, and preservation of habitat for plants and animals. However, overexploitation of floristic composition has resulted in the rapid loss of tree diversity, which has been recognized as a major environmental and economic threat around the world (Mani and Parthasarathy, 2006). The quantification of tree species diversity is an essential aspect as it provides resources for many species (Suratman, 2012).

Philippine is one of the most important countries with potential of conserving the diversity of life on Earth (Ong *et al.*, 2002). Being one of the most mega diverse country in the world, Philippines holds a wide variety of lifeforms in both aquatic and terrestrial a wide variety of life forms in both aquatic and terrestrial ecosystems. The country is also one of the hottest biodiversity hotspots with exceptional concentrations of endemic species but is experiencing a continuous and exceptional loss of habitat (Biodiversity, 2014). A number of threatened plant species can be found in the Philippines (Fernando *et al.*, 2008). According to Tyrvainen *et al.* (2005), Philippines rank 23rd in the world and 6th in Southeast Asia in being diverse with 5,832 endemic species out of 7620 documented species in the country. The country has more than 300 edible fruits but only few are commercially cultivated. However, modest efforts are being implemented to develop fruit varieties that can be registered and recommended for planting (Villegas, 2021).

According to SF Gate Contributor (2016), fruit bearing trees are trees that bear fruit for human and animal consumption. All trees that are flowering plants produce fruit, which are the ripened ovaries of flowers containing one or more seeds. The many benefits of growing fruit trees include their yield of

fresh, locally grown food. As another advantage, fruit trees grow well in urban and suburban settings. From a social aspect, fruit trees help people become connected to the growing process while also providing a nutritious food source and food security. Planting fruit trees also has many helpful environmental benefits, from cleaner air to reduced energy costs and green jobs. Fruit trees also produce food even during difficult times when other garden produce may be hard to obtain. They also provide other benefits that include lumber, poles, medicine, income, shade, firewood, ornamental value, soil improvement, reforestation, and protection of the environment (Echo Community, 2014).

Tree species diversity is defined as the number of species and abundances of each species that live in a particular location (Tyvainen *et al.*, 2005). Assessing the tree diversity in an area is essential in analysing forest stand status considering that trees play vital roles in maintaining ecological processes and in providing a source for human consumption. Performing such assessment can provide necessary information in identifying problems with respect to the trees present in the country. Appropriate measures will only be possible if species present in an area are identified. Also, increasing forest tree species diversity is an important component in building resilience to climate change and reducing the risk from pests. Measuring species diversity allows us to identify forests with lower or higher species diversity (Mace, 2004).

The DMMMSU Forest Reserve is located in Sapilang, Bacnotan La Union. It has approximate area of 1,147 hectares. There is scarcity on the availability of updated data on the diversity of fruit trees in the forest reserve. This may hinder efforts to harness the full potential of fruit tree species in enhancing forest productivity, promoting sustainable land management practices, mitigating the impacts of climate change, and poses a considerable information barrier to various stakeholders, including policymakers and forestry extension agents. Hence, the study was conducted.

## Materials and methods

### Research design

The study was conducted using descriptive statistics. There were four areas selectively sampled in the forest reserve of DMMMSU considering aspect directions (N, S, E, W) with the campus oval as a point of reference. In each area, there were three quadrats established with a dimension of 20 m x 20 m each with 250 m intervals following the methodology of Coracero and Malabrigo (2020).

### Determination of conservation status

Reliable data resources were used to check the International Union for Conservation of Nature (IUCN) conservation status and distribution of fruit bearing tree species such as the official website of Botanical Gardens Conservation International (tools.bgci.org), and IUCN (iucnredlist.org). The Department Administrative Order 2017-11 showing the list of Threatened Philippine Plants and their Categories will be downloaded from the official website of the Department of Environment and Natural Resources (denr.gov.ph). Moreover, Co's Digital Flora of the Philippines (philippineplants.org) was also used to classify the fruit bearing tree species.

### Data gathered

Species name: The fruit bearing tree species inside the quadrats were identified and recorded.

Species population: The fruit bearing tree species were counted and recorded.

Density: This was done by calculating the number of individuals divided by the total area sampled.

Density= (Number of individuals)/( Total area sampled)

Relative density: This was gathered by calculating the number no. of individuals species divided by the total no. of individuals of all species, multiplied by one hundred (100).

Relative density= {(No. of individuals of a species)/(Total no. of individuals)}×100

Frequency: This was gathered by calculating the number of plots in which species occurs divided by the total of plots sampled.

Frequency= (Number of plots in which a species occurs)/ (Total number of plots sampled)

Relative frequency: This was gathered by calculating the frequency divided by the total frequency of all species in different plots, multiplied by one hundred (100).

Relative frequency= {(Frequency of species)/(Total frequency)}×100

Importance value: This was gathered by adding relative density and relative frequency.

Importance value (IV) = relative density + relative frequency

Diversity indices: These were gathered following the formula of the Shannon-Weiner index and Simpson's diversity index.

Simpson's Index of Diversity

$$D = (\sum n_i (n_i - 1) / N (N - 1))$$

Where

n- the number of organisms that belong to species i

N- the total number of organisms

Shannon- Wiener Index

$$H' = -\sum p_i \times \ln p_i$$

Where

Pi- proportion of individual

ln- natural logarithm

The formula used was based on the study of Curtis & McIntosh (1995).

### Data analysis

The data gathered were arranged, tabulated, processed and statistically analyzed using the Microsoft excel software for the computation of vegetational analysis of density, relative density, frequency, relative frequency, and the importance value. Also, Shannon Weiner and Simpson diversity indices were used to analyze the diversity of the study area.

## Results and discussion

### Fruit bearing tree species

There were 14 families recorded in this study wherein Moraceae family recorded six (6) species, Myrtaceae, and Rutaceae each recorded three (3) species, Lamiaceae recorded two (2) species, while Euphorbiaceae, Malvaceae, Rubiaceae, Annonaceae, Araliaceae, Anacardiaceae, Clusiaceae, Fabaceae, Meliaceae and Sapindaceae each with only one (1) species, as presented in Table 1.

**Table 1.** List of identified fruit-bearing tree species in the DMMMSU forest reserve

Family Name	Common Name	Scientific name	No. of individual fruit trees
Anacardiaceae	Mangga	<i>Mangifera indica</i> L.	34
Annonaceae	Guyabano	<i>Annona muricata</i> L.	35
Araliaceae	Malapapaya	<i>Polyscias nodosa</i> (Blume) Seem.	55
Clusiaceae	Mangosteen	<i>Garcinia mangostana</i> L.	4
Euphorbiaceae	Binunga	<i>Macaranga tanarius</i> (L.) Muell.-Arg.	24
Fabaceae	Sampalok	<i>Tamarindus indica</i> L.	1
Lamiaceae	Gmelina	<i>Gmelina arborea</i> Roxb.	15
Lamiaceae	Philippine Teak	<i>Tectona philippinensis</i> Benth. & Hook. f. Verbenaceae	4
Malvaceae	Cacao	<i>Theobroma cacao</i> L.	5
Meliaceae	Santol	<i>Sandoricum koetjape</i> Merr.	10
Moraceae	Alim	<i>Melanolepis multiglandulosa</i> (Reinw. Ex Blume) Rchb. & Zoll	1
Moraceae	Hauili	<i>Ficus septica</i> Burm. F.	16
Moraceae	Kalukoi	<i>Ficus callosa</i> Willd.	28
Moraceae	Kamansi	<i>Artocarpus altilis</i> (Park.) Fosb.	13
Moraceae	Tibig	<i>Ficus nota</i> (Blanco) Merr.	35
Moraceae	Upling Gubat	<i>Ficus ampelas</i> Burm.	10
Myrtaceae	Bayabas	<i>Psidium guajava</i> L.	7
Myrtaceae	Duhat	<i>Syzygium cumini</i> (L.) Skeels	10
Myrtaceae	Hagis	<i>Syzygium tripinnatum</i> (Blanco) Merr.	33
Rubiaceae	Coffee	<i>Coffea</i> spp.	60
Rutaceae	Calamansi	<i>Citrus reticulata</i> L.	8
Rutaceae	Mandarin	<i>Citrus reticulata</i> L.	8
Rutaceae	Suha	<i>Citrus maxima</i> (Burm.) Merr.	10
Sapindaceae	Rambutan	<i>Nephelium lappaceum</i> L.	37

References: Co's Digital Flora of the Philippines, & IUCN Red List of Threatened Species (2021).

**Table 2.** Classification of fruit-bearing tree species in the study area

Classification/categorization	Common name	Scientific name
Endemic	Alim	<i>Melanolepis multiglandulosa</i> (Reinw. Ex Blume) Rchb. & Zoll
Endemic	Hauili	<i>Ficus septica</i> Burm. F.
Endemic	Tibig	<i>Ficus nota</i> (Blanco) Merr.
Endemic	Upling Gubat	<i>Ficus ampelas</i> Burm.
Endemic	Philippine Teak	<i>Tectona philippinensis</i> Benth. & Hook. f. Verbenaceae
Exotic	Coffee	<i>Coffea</i> spp.
Exotic	Gmelina	<i>Gmelina arborea</i> Roxb.
Exotic	Guyabano	<i>Annona muricata</i> L.
Exotic	Rambutan	<i>Nephelium lappaceum</i> L.
Native	Bayabas	<i>Psidium guajava</i> L.
Native	Binunga	<i>Macaranga tanarius</i> (L.) Muell.-Arg.
Native	Cacao	<i>Theobroma cacao</i> L.
Native	Calamansi	<i>Citrus reticulata</i> L. (Bunge) Wijnands
Native	Duhat	<i>Syzygium cumini</i> (L.) Skeels
Native	Hagis	<i>Syzygium tripinnatum</i> (Blanco) Merr.
Native	Kalukoi	<i>Ficus callosa</i> Willd.
Native	Kamansi	<i>Artocarpus altilis</i> (Park.) Fosb.
Native	Malapapaya	<i>Polyscias nodosa</i> (Blume) Seem.
Native	Mandarin	<i>Citrus reticulata</i> L.
Native	Mangga	<i>Mangifera indica</i> L.
Native	Mangosteen	<i>Garcinia mangostana</i> L.
Native	Sampalok	<i>Tamarindus indica</i> L.
Native	Santol	<i>Sandoricum koetjape</i> Merr.
Native	Suha	<i>Citrus maxima</i> (Burm.) Merr.

Reference: Co's Digital Flora of the Philippines & IUCN Red List of Threatened Species (2021).

On the other hand, *Coffea* spp. recorded the highest number of individual fruit trees accounting 60 trees while *Melanolepis multiglandulosa* (Reinw. Ex

Blume) Rchb. & Zoll and *Tamarindus indica* L. recorded the fewest number of individuals with both one tree. Moraceae trees exhibit remarkable

adaptability to diverse environmental conditions, including tropical, subtropical, and temperate regions. They can thrive in a wide range of soil types and climates, making them widespread across different habitats (Berg, 2003). According to Harrison (2005), many species within the Moraceae family have evolved effective reproductive strategies, such as prolific fruit production and varied dispersal mechanisms. This enhances their ability to colonize new areas and establish stable populations.

According to Comita and Hubbell (2009), High competition for resources such as light, water, and nutrients can lead to certain tree species being outcompeted by others, resulting in lower individual frequencies. Tree species with limited dispersal mechanisms or low reproductive rates may naturally occur at lower frequencies within a given area (Leimu & Fischer, 2008). In ecosystems where competition for resources is intense, dominant tree species often outcompete less abundant species like *Melanolepis multiglandulosa* (Reinw. Ex Blume) Rchb. & Zoll and *Tamarindus indica* L. This competitive exclusion can occur due to differences in growth rates, resource utilization efficiency, or allelopathic interactions, leading to the suppression of low-frequency species (Connell, 1980).

*Classification of fruit bearing trees*

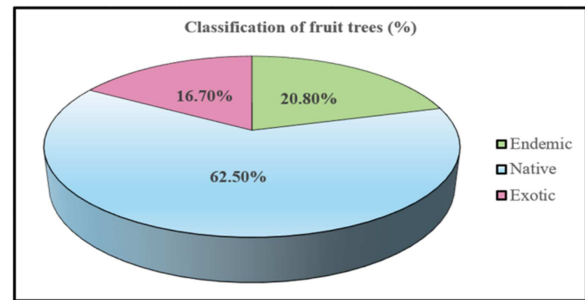
There were 15 (62.50%) native trees, four (5) (20.80%) endemic trees, and four (4) (16.70%) exotic trees identified in the study area (Table 2).

The result of the study indicated that DMMMSU Forest Reserve area is in good condition considering the abundance of native fruit trees. Interactions with other organisms, such as mutualistic relationships with pollinators and seed dispersers, can enhance the reproductive success and spread of native trees (Parker *et al.*, 2006). Also, the university had implemented various programs and initiatives to promote environmental sustainability and conservation, such as planting a variety of tree species, including fruit trees, timber trees, and other native species, waste segregation and management,

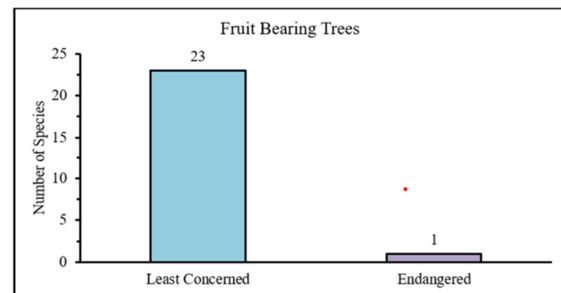
and other environmental awareness campaigns. Moreover, the campus is considered as a “green campus” because of its diverse floral species.

*Conservation status*

There are 23 species fall under the status of least concerned, and one (1) species identified is endangered and that species is Philippine (Fig. 1 &2).



**Fig. 1.** Classification of fruit bearing tree species in the study area



**Fig. 2.** Conservation status of fruit bearing tree species in the study area

Most of the tree species identified as "Least Concerned," it indicates that these species are currently in a stable condition with healthy populations and minimal threats to their survival. This could be due to various factors such as effective conservation efforts, suitable habitat conditions, and absence of significant human-induced disturbances. According to International Union for Conservation of Nature (2022), When a species is categorized as "Least Concern" in terms of conservation status, it implies that the species is not currently facing any significant threats to its survival. This classification is used to assess the risk of extinction faced by different species.

**Table 3.** Frequency, relative frequency, density, relative density, and importance value of identified fruit trees in the DMMMSU forest reserve

Common Name	Frequency (%)	Relative Frequency (%)	Rank	Density	Relative Density	Rank	Importance Value	Rank
Mangga	100	10.53	1	0.0142	7.19	5	17.72	2
Kamansi	75	7.89	2	0.0054	2.75	12	12.65	7
Tibig	75	7.89	2	0.0146	7.4	4	15.29	3
Binunga	50	5.26	3	0.01	5.07	8	10.33	9
Coffee	50	5.26	3	0.025	12.68	1	17.94	1
Guyabano	50	5.26	3	0.0146	7.4	4	12.66	6
Hagis	50	5.26	3	0.0138	6.98	6	12.24	8
Hauili	50	5.26	3	0.0067	3.38	10	8.64	10
Rambutan	50	5.26	3	0.0154	7.82	3	13.08	5
Upling Gubat	50	5.26	3	0.0042	2.11	13	7.37	12
Alim	25	2.63	4	0.0004	0.21	18	2.84	20
Bayabas	25	2.63	4	0.0029	1.48	15	4.11	17
Cacao	25	2.63	4	0.0021	1.06	16	3.69	18
Calamansi	25	2.63	4	0.0075	3.81	9	6.44	13
Duhat	25	2.63	4	0.0042	2.11	13	4.74	15
Gmelina	25	2.63	4	0.0063	3.17	11	5.8	14
Kalukoi	25	2.63	4	0.0112	5.92	7	8.55	11
Malapapaya	25	2.63	4	0.0229	11.63	2	14.26	4
Mandarin	25	2.63	4	0.0033	1.69	14	4.32	16
Mangosteen	25	2.63	4	0.0017	0.85	17	3.48	19
Sampalok	25	2.63	4	0.0004	0.21	18	2.84	20
Santol	25	2.63	4	0.0042	2.11	13	4.74	15
Suha	25	2.63	4	0.0042	2.11	13	4.74	15
Philippine Teak	25	2.63	4	0.0017	0.85	17	3.48	19
Total		100		0.19708	100			

*Tectona philippinensis* (Benth. & Hook. family Verbenaceae.) commonly known as teak, is a species of tree endemic to Philippines. It is highly valued for its durable timber, which is used in various applications such as furniture, shipbuilding, and construction (CABI, 2019). The Philippine teak populations have declined significantly in recent decades due to a range of factors, including deforestation, habitat loss, and overexploitation for its valuable timber (Kollert and Kleine, 2017). Similarly, Hallett *et al.* (2011), found that the natural populations of Philippine teak have been declined drastically because mainly of overexploitation and deforestation.

*Importance value*

The Table 3 shows the Frequency, Relative Frequency, Density, Relative Density, and Importance Value of Identified Fruit Trees. The result showed that the highest frequency and relative frequency was obtained by *Mangifera indica* L., while the highest density, relative density, and importance value was obtained by *Coffea* spp.

*Mangifera indica* L. possess ecological adaptations that allow it to thrive in the environmental conditions of the tropical dry deciduous forest. These adaptations could include tolerance to drought, resistance to pests and diseases, or efficient resource utilization strategies (Raha, 2023). Mango by the virtue of its perennial nature of woody framework locks major proportion of nutrients in stems, branches, and leaves. Their extended physiological stages of growth, differential root distribution pattern, growth stages from the point of view of nutrient requirement and preferential requirement of some nutrients like calcium, boron etc., collectively make it nutritionally more efficient than any annual crops. Mango has the ability for colonization in low fertility soils and dry-land areas by virtue of long leaf life span, leaf nutrient resorption efficiency, nutrient use efficiency and nutrient proficiency (Ganeshamurthy and Reddy, 2015). According to Akin-Idowu *et al.* (2020), Mango is cultivated on all soil types like alluvial soils, red soils, laterite soils, black soils and both in hills and plains and plateau regions and on both shallow and deep-rooted soils. Being a very hardy crop mango tolerates a varying

degree of flooding, drought, salinity and acidity. This wide adoptability of mango is because of existence of both calcicole and calcifuge mangos in India and they occupy such regions suitable to those genotypes.

According to Food and Agriculture Organization of the United Nations (2015), Mango trees can adapt to a range of environmental conditions, including varying soil types, moisture levels, and climatic conditions. This adaptability allows them to thrive in diverse locations. Moreover, Mango trees develop a deep and extensive root system, which enables them to access water and nutrients from deeper soil layers, enhancing their ability to survive in regions with limited rainfall or drought conditions.

Meanwhile, the high density of *Coffea* spp. corresponds to an existing coffee plantation adjacent to the area where the study was conducted. The area was observed to have dominant tree species that provide shading to understory species like the coffee. According to Craves (2006), most varieties of coffee are naturally intolerant of direct sunlight and grow well under a canopy of sun-filtering shade trees. Avila *et al.* (2013) found that the high density of coffee trees is due to their ability to grow and reproduce rapidly under shade conditions, as well as their economic importance for local farmers. Coffee is an exotic species of trees to the Philippines. Exotic trees are known for their ability to become nuisance due to their rapid growth abilities. If these plants can grow and thrive in an area, there is a very high chance that they could outgrow the native plants and takeover the soil, causing any native plants or trees in the area to die (Oliveria, 2020). Exotic species are one of the most serious threats for native ecosystems by directly limiting the growth of native species sapling, as well as by increasing competition in the regeneration layer by self-sowing (Brundu, 2016).

Furthermore, *Coffea* spp. has the highest importance value, a common fruit tree species and scattered within the vicinities of DMMMSU. The fruits can be consumed by human and animals (Grant, 2019). Also, Amponsah *et al.* (2017) found that the high

importance value of *Coffea* spp. may be due to its ability to tolerate a wide range of environmental conditions, its widespread distribution, and its economic value as a fruit tree. They also noted that the species has a long history of cultivation and may have been introduced to the region by humans.

#### *Diversity index*

The Shannon Weiner Diversity obtained a value of 2.85 with a relative value of moderate diversity, while the Simpson Diversity Index's result obtained 0.93 with a relative value of high degree of diversity. The high diversity index in the research study area could be an indication of a relatively healthy and well-preserved forest ecosystem, despite the overall declining forest cover in the Philippines. It could also mean that conservation efforts, such as reforestation and sustainable forestry practices, have been effective in study area. According to Krebs (2014), Moderate diversity levels often correlate with ecosystem stability. A diverse ecosystem can better withstand environmental changes and disturbances, as it has a greater variety of species with different ecological roles and functions. Similarly, Gotelli and Colwell (2011) indicate that a moderate diversity level implies that the habitat provide suitable conditions for a range of species to coexist, including those with different ecological requirements.

Studies have shown that degraded forests in the Philippines have lower diversity indices compared to healthy forests. Moreover, the diversity index of degraded forests in Bukidnon, Philippines for Shannon Weiner Diversity is 1.2 and for Simpson Diversity Index is 0.7 (Coritico *et al.*, 2020), and in Mount Makiling ranged from 1.41 to 3.19 (Abraham *et al.*, 2010) which are relatively lower than the diversity index of the present study with respect to Shannon Weiner Diversity. Furthermore, a study by Mallinis *et al.* (2020) showed that the Shannon Weiner Diversity index had a value of 0.44 and for Simpson Diversity Index is 0.37 which relatively lower than the diversity index of the study conducted in DMMMSU Forest Reserve. The results also comparable to the study of Ifo *et al.* (2016), a study conducted in degraded forest

in tropical rainforest of Congo Basin where the result is 0.75 which relatively lower than the diversity index of the study with respect to Simpson Diversity Index. However, it is important to note that diversity indices are only one aspect of forest health and cannot provide a complete picture of the overall health and biodiversity of a forest. Other factors, such as forest structure, soil quality, and ecosystem functions, should also be considered.

According to the Forest Management Bureau (FMB), the estimated forest cover of the Philippines as of 2023 is 7,226,394 hectares and it increase 3% for the 5 years. In this context, a Shannon Weiner of moderate and Simpson Diversity of high diversity suggest that the forest area of DMMMSU has a relatively moderate and high level of species richness and evenness, despite the overall decline in forest cover in the Philippines. It may also indicate that the studied forest area has a higher conservation value than other areas that have experienced greater levels of deforestation and habitat degradation. However, it is important to note that the specific location and characteristics of the forest area studied may have a significant impact on the interpretation of the diversity index.

### Conclusion

There were 473 individual tree species identified at DMMMSU Forest Reserve belonging to 14 families with 24 species. The Moraceae family was recorded as the most abundant family in the study area. There were 16 native trees, five (5) endemic trees, and four (4) exotic trees were classified. There were 23 species classified as least concerned and one (1) species classified as endangered. *Coffea* spp. obtained the highest relative density and importance value, while *Mangifera indica* L. obtained the highest relative frequency; and Shannon Weiner Diversity revealed that there is a moderate value of tree species diversity in DMMMSU Forest Reserve, while Simpson Diversity Index's revealed that there is a high degree of diversity of fruit trees in DMMMSU Forest Reserve.

### Recommendations

Continuous protection of the Forest Reserve is therefore recommended. Planting of additional fruit-bearing tree species in the area with low diversity indices are recommended to increase diversity. Areas within the Forest Reserve with low plant diversity were recommended for planting and assisted natural regeneration programs using species with high importance value. Regular monitoring should be conducted in the Forest Reserve to assess the changes in diversity of fruit-bearing tree species to support decision-making and policy formulations, such as forest conservation measures.

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