



RESEARCH PAPER

OPEN ACCESS

Biomass estimation and carbon sequestration potential of gymnosperms in the unique ecological milieu of Kalash valley Chitral, Pakistan

Aziz Ur Rahman, Asad Ullah*, Sheeza Zafar

Institute of Plant Biodiversity, University of Peshawar, Pakistan

Article published on June 04, 2025

Key words: Biomass estimation, Carbon sequestration potential, Gymnosperms, Ecological milieu, Kalash valley, Chitral, Pakistan

Abstract

This study is to thoroughly investigate biomass and to gain comprehensive insights into the carbon sequestration dynamics of Gymnosperm trees in three sub-valleys within the Kalash region: Bumburate, Rambur, and Birir. The study honed in on conifers distributed above an elevation of 1800 meters above sea level. The species selected were *Cedrus deodara*, *Juniperus excelsa*, *Pinus gerardiana*, and *Pinus wallichiana*. Remote sensing using NDVI indicates that conifers constitute an expanse of 11,251 hectares and 3.325% of the total 1,048 square kilometres selected for this study. The total biomass contribution of the four Gymnosperm species in the area is recorded at 30.22 tonnes per hectare, sequestering 136,171 tonnes of carbon and emitting a carbon dioxide equivalent of 499,297 tonnes. The Shannon diversity index was determined to be 1.57, while Simpson's Diversity Index (D) stood at 0.78. The study found notable contribution of Gymnosperms in carbon sequestration and long term sink of carbon both AGB and BGB.

*Corresponding Author: Asad Ullah ✉ asadcpb@uop.edu.pk

Introduction

The concentration of CO₂ in the atmosphere has exponentially risen to dangerous range of 800 ppm (Byrne, 2023) it makes environmental concerns as a modern top most issue. The pivotal role played by forest vegetation in storing biomass and carbon (C) stock and primary solution to mitigate the impacts in rising CO₂ Concentration (Haq, 2023). To counter this issue Forest ecosystems have the capability to provide crucial carbon sinks contributing to global carbon neutrality (Xu *et al.*, 2023). It is unquestionable that Forests play an important role in carbon storage, known as carbon biomass. They serve as massive carbon repositories and and potential sink of carbon in the atmosphere (Bae *et al.*, 2004) by sequestering and removing carbon from the atmosphere and stores it as biomass in green plants (Chavan and Rasal, 2012) and valuable and viable solution for mitigating climate change. They hold 92% of all land-based biomass and store about 400 billion tons of carbon (Pan, 2013). Carbon Biomass is stored in plants and other plant material (Ostadhashemi, 2014). The IPCC classifies biomass carbon pools into AGB, BGB, litter, woody debris, and soil organic matter (Nunoo *et al.*, 2006). Assessing biomass and carbon budgets is essential for assessing productivity, sustainability, and carbon sequestration capacity but assessments primarily rely on accurate biomass estimations (Salunkhe *et al.*, 2023)

Biomass estimation is key to evaluate the status and flux carbon and dynamics of the ecosystem. Biomass can be estimated in various ways like Destructive or harvesting method, remote sensing method and non-destructive allometric equation. The equations tailored to find biomass of trees can provide more accurate estimates of biomass particularly if validated with the help of remote sensing (Navar, 2009). The estimation of biomass and C stock based on accurate local/regional allometric models is suitable method to large-scale falling of forest tree (Salunkhe *et al.*, 2023) and better mathematical approach as compared to destructive and manual methods. As per the IPCC, terrestrial ecosystems encompass five carbon pools related to biomass: above-ground

biomass, below-ground biomass, litter, and woody debris, and soil organic matter. AGB is the predominant component of the carbon pool, serving as the most significant and conspicuous reservoir within the terrestrial forest ecosystem (Haq *et al.*, 2023). Aboveground biomass (AGB) in particular serves as a crucial indicator of ecosystem structure and functionality, playing a significant role in the estimation of forest carbon stocks (Fig. 1).

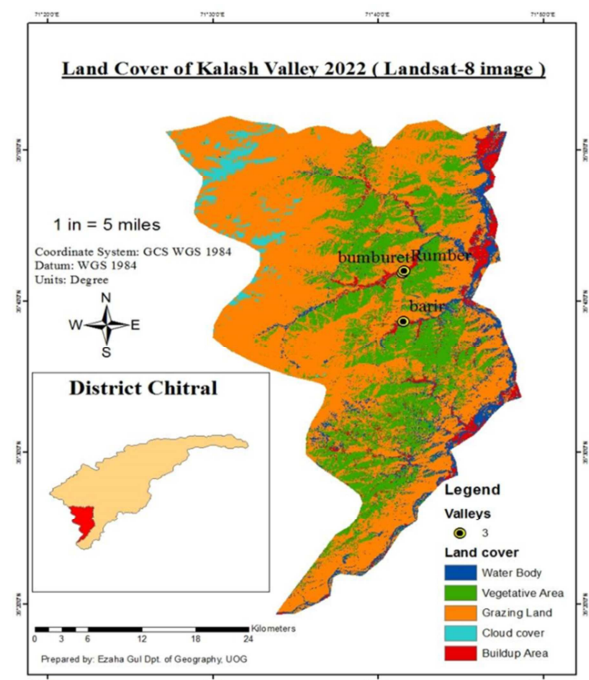


Fig. 1. Land cover of Kalash valley 2022 (Landsat-8 image)

Pakistan not dissimilar from the world, is facing an imminent risk of increased deforestation and forest degradation by anthropogenic activities and exacerbated by the adverse effects of climate change (Hussain and Fatima, 2015). Luckily Pakistan has significant potential for carbon sequestration, i.e., forests, rang elands, and agricultural lands sequester up to 225 million tons of CO₂ per year (Khilafat, 2022). According to FAO 2020, Biomass rreservoir of Pakistan is approximately 213 million tonnes of carbon including total forest area of 4.2 million hectares (Mahmood, 2011) 4.57 million ha according to Bhatti, 2011. Numerous studies in Pakistan, such as Nizami *et al.* (2009) on subtropical pine forests in Murree hills, Shaheen *et al.* (2016) on subtropical

Himalayan forests (Ghafoor, 2020; Nizami *et al.*, 2009; Shaheen *et al.*, 2016; Khan *et al.*, 2021; Hamayoon Jallat; Amir *et al.*, 2018; Ali *et al.*, 2020a; Sheikh *et al.*, 2012; Nizami, 2012; Ali and Anwar, 2020; Martin *et al.*, 2013; Arif *et al.*, 2017; Akbar *et al.*, 2023; Raqeeb, 2020) help us to understand Carbon sequestration in Pakistan.

Materials and methods

Study area

The area centred For Biomass study was Kalash Valley was on three research sites, i.e., Bumburet, Rambur and Birir, wherein the investigation delved into the biomass and carbon stock specifically pertaining to Gymnosperms, aiming for understanding of Carbon sequestration of the Area. *Cedrus deodara*, *Juniperus exelsa*, *Pinus gerardiana* and *Pinus wallichiana* were Gymnosperm trees of the area.

Chitral, a mountain locked land, situated between 35° 15' to 36° 55' North latitudes and 71° 11' to 73° 51' East longitudes. It covers an area of 14,850 km² (DCR, 1998) (Ali and Qaiser, 2009) while Lower Chitral (established in 2018) is a district in the Malakand division covering 6,458 km² and located between 35° and 37° N latitudes and 71° and 22° to 74° E longitudes (GoP). 40 km downstream from Chitral city lies Kalash Valley, positioned within 35° 70' to 35° 42' North Latitude and 71° 69' or 71° 41' East Longitude. The elevation ranges from 1900 to 2200 (DCR, 1998), (Open Location Code 8J7 HPM6H). The valley comprises three sub-valleys and research site in this study are Bumburet, Rambur, and Birir. They are blessed with diverse flora, of oak and coniferous forests, rich biodiversity and indigenous culture. Kalash are believed to be descended from Alexander the Great's army (Hadi and Ibrar, 2015; Ullah *et al.*, 2014; Zeb, 2019). Rambur, positioned at a higher elevation than Bumburet, is renowned for its feeding glaciers and alpine meadows. Bumburet, the largest valley among the Kalash valley is situated at coordinates 35° 41' N and 71° 38' E. The area is characterized by rugged topography and steep slopes. Rambur is positioned between coordinates 35° 46' N

and 71° 40' E, situated to the north of Bumburet in proximity of about 8 kilometres. Birir valley is located at the southernmost end of Chitral city. In contrast to the other two valleys, it has narrower width, at coordinates 35° 40' N and 71° 45' E and an elevation of 1360 meters (Zeb, 2019). Inhabitants of the area rely hugely on forest and forestry products for their livelihood. According to Aziz and Nadira (2003), approximately 25 thousand metric tons of forest wood is used as a source of fuel for 13% of the population (Irum *et al.*, 2014).

The valley experiences harsh and snowy winters, sometime as low as -20°C in certain areas and summer ranging from 15 to 25°C. The monsoon season contributing significantly to annual precipitation from 1500 to 2500 mm per year (Ali, 2010). In Gymnosperms *Cedrus deodara*, *Juniperus* sp., *Pinus gerardiana* and *Pinus wallichiana* along with *Quercus* spp. dominate the natural forest of the area (Hadi *et al.*, 2014; Sher *et al.*, 2003; FAO, 2010).

Sampling and field campaign

Circular plots, with a radius of 17.84 meters (equivalent to 0.1 hectares), were deployed within the expanse of gymnosperm forest of Kalash valley using geographic coordinates obtained through random sampling as used by Ismail *et al.*, 2017. The refinement of plot radius was achieved by applying slope correction factors. For measurement of Diameter at Breast Height (DBH), trees with diameters exceeding 5 centimetres and height surpassing 2 meters were recorded within the confines of each designated plot. For this purpose Diameter Tape (D-Tape) was used. For tree height Haga Altimeter was used. Reading was penned down along with Coordinates recorded by GPS. Forest imagery was captured using a digital camera. For better comparison Image of SAT 8 were also taken.

Occurrence and distribution of tree species/ Tree evenness and diversity index

Trees and community were identified followed by Vegetation analysis i.e., Tree height, DBH, Basal Area (BA), Relative Frequency (RF), Relative Density (RD),

Relative Abundance (RA), Relative Cover, and Importance Value Index (IVI) using the formulae used by Ismail *et al.*, 2017. Regression model of Heights and DBH were calculated for each tree and sites. Tree species diversity index, i.e., Shannon Diversity Index (H') (Equation 1) and Simpson Diversity Index (Equation 2).

$$H = \sum_{i=1}^s -(P_i \times \ln P_i) \quad \text{Eq. 1}$$

Where H/ is Shanon Diversity Index, P_i is Fraction of entire population made up of species i , and s is number of species encountered and \ln is natural logarithm.

$$D = \sum (n/N)^2 \quad \text{Eq. 2}$$

Where D is Simpson Diversity Index, n is total number of particular species and N is number of total trees. The value of D ranges from 0- 1. 0 means infinite diversity and 1 means no diversity.

Tree allometric equations for biomass estimation

To estimate the above-ground tree biomass (AGTB), Tree allometric equations specific to the selected species, developed by previous researchers were employed. These equations are, i.e., $M = \ln (D^2 H)^n$

$$Cedrus deodara = 0.0491(D^2 H)^{0.9167} \quad \text{Eq. 3}$$

$$Pinus roxburghii = 0.0224(D^2 H)^{0.9767} \quad \text{Eq. 4}$$

$$Pinus gerardiana = 0.0253D^{2.6077} \quad \text{Eq. 5}$$

$$Juniperus exelsa = 0.1645 \times (p \times D^2 \times H)^{0.8586} \quad \text{Eq. 6 (Ali et al., 2015)}$$

Where M is Dry biomass of the tree in kilogram; D is Diameter at Breast Height in centimetre; H is Total height of tree in m; \ln is Natural Logarithm and p is wood density. Used by Ali (2020).

Below Ground Biomass, above ground Carbon, below ground carbon and CO_2 equivalent were calculated using exiting literature as following.

$\text{BGB} = \text{AGB} \times R/S$ (BGB is below ground Biomass R is root and S is shoot. $R/S = 0.27$ Eq. 7 (Ali *et al.*, 2017)

$\text{AGC} = 0.47 \times \text{AGB}$ (AGC is Above Ground Carbon) Eq. 8 (Ali *et al.*, 2020a)

$\text{BGC} = 0.26 \times \text{AGB}$ (BGC is below ground carbon) Eq. 9 (IPCC, 2008)

$e \text{ Value} = \text{CStock} \times 44/12$ (CO_2 equivalent) Eq. 10 (Pearson *et al.*, 2007)

Validation of conifer forest by through remote sensing and imagery

To validate field studies satellite imagery of gymnosperms of August 2023 of Kalash Valley was taken from the Land-sat 8 Operational Land Imager (OLI) on 08-12-2023. Boundaries drawn based on GPS USGS Earth Explorer. Multi temporal satellite images 2023 were downloaded from United State of Geological Survey website <http://glovis.usgs.gov/>). Remote sensing software, such as ENVI or QGIS, were used to visualize the satellite. The LULC classification is a clustering algorithm known as ISO Data Analysis Techniques; self-organizing (ISO) A (ISODATA), which was used for the purpose as used by Khan *et al.*, 2016. The methodology used by Taufik 2016; Huang, 2021 and Hartoyo, 2022. The data was prior confirmed by Questionnaire method and hectic field survey from 2021-2023 in various season.

Results

Gymnosperms trees *Cedrus deodara*, *Juniperus excelsa*, *Pinus gerardiana*, and *Pinus wallichiana*, focused in this study, were observed to play a substantial role in carbon sequestration with ecological contribution encompassing 11,251 hectares out of the total 104,800 hectares (Fig. 2). The elevation of these trees are 1,830 - 2,745 masl, 2,700 masl, 2,000 - 3,500 masl and above 2, 900 masl respectively. *Quercus dilata* and *Qercs baloot* were found to overlap in lower altitude and dominate below 1,800 masl in the area as studied by (Khan *et al.*, 2010). Data of FAO shows conifer forest spread in the area of 11251 hacters while remote sensing shows 3.325% of 1048 km^2 total area selected for this study. Over all the area is barren and vegetation is chiefly dominated by *Quercus dilata* and *Qercus baloot*.

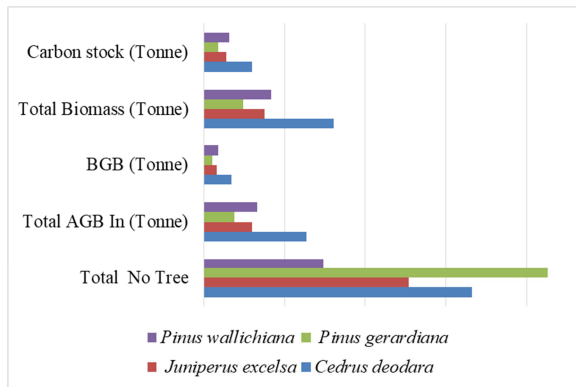


Fig. 2. Carbon stocking by conifer trees

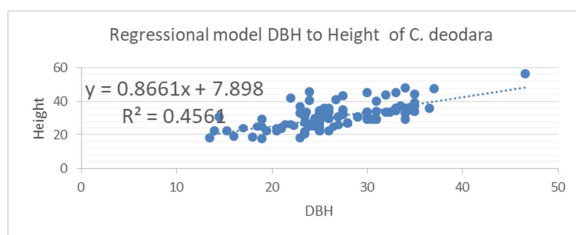


Fig. 3. Regression model DBH to height of *C. deodara*

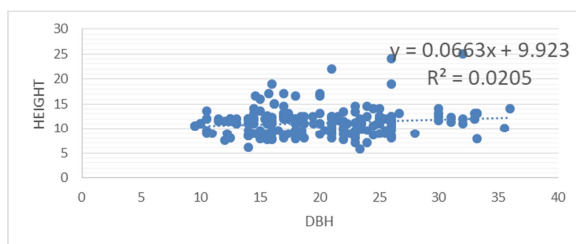


Fig. 4. Regression model DBH to height of *J. excelsa*

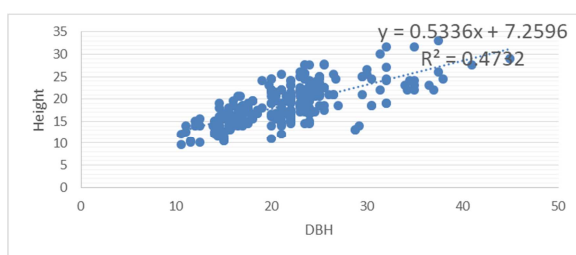


Fig. 5. Regression Model DBH to height of *P. gerardiana*

Cedrus deodara, totalling 126,845 tonne in biomass of the areas and contributing to a carbon stock of 59,617 tonnes and sequestering approximately 218,596 tonnes of equivalent carbon dioxide (e-CO₂). It also stands tall with an average diameter at breast height (DBH) of 20.25 cm and height of 26.95 m, BA of 2.45 m², RA at 28.63%, RF of 50% and RD of

29.57%, signifying its ecological prominence. Regression of DBH and height for *Cedrus deodara* was 0.4561 (Fig. 3). While *Juniperus excelsa* exhibited total biomass 75,171 tonnes and lower in proportion (Fig. 4). It presents a comparatively smaller profile with average DBH of 19.64 cm and a shorter average height of 11.22 and regression trajectory of R² equal to 0.0205 it showed BA of 2.29 m², RA of 21.89%, RF of 47.5%, and RD of 22.61%. *Pinus gerardiana*, characterized by an average DBH of 21.64 cm and an average height of 18.88 m and linear regression of 0.4732, BA of 2.74 m², RA of 36.74%, RF of 54%, and RD of 37.93%, underlining its ecological significance and dominance with an average AGB of 88.99 kg per tree, contributed a total AGB of 37,982 tonnes (Fig. 5).

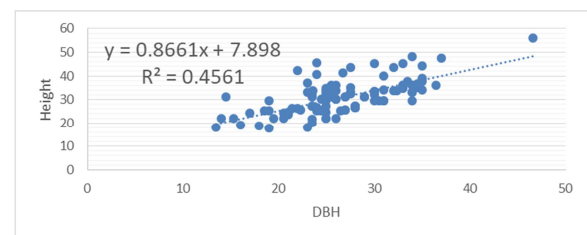


Fig. 6. Regression Model DBH to height of *P. wallitana*

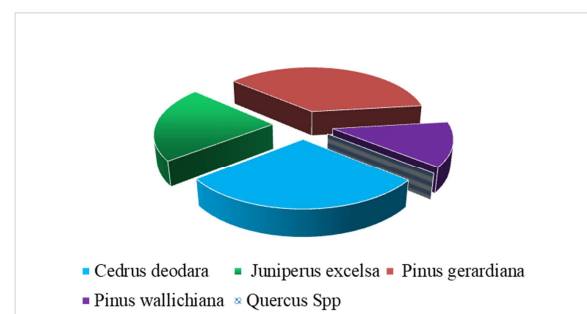


Fig. 7. No. of conifers in comparison

The biomass per hectare for *Pinus gerardiana* was 3.38 tonnes, contributing to a carbon stock of 17,851 tonnes and sequestering approximately 65,456 tonnes of e-CO₂. *Pinus wallichiana*, although small in number exhibited the highest average AGB, with 444.07 kg per tree (Fig. 6). The biomass per hectare for *Pinus wallichiana* was 5.84 tonnes, contributing to a carbon stock of 30,884 tonnes and sequestering around 113,242 tonnes of e-CO₂. The DBH was 26.61

cm and of 30.94 m in average, and R^2 equal to 0.4561. It has BA/Hac of 0.40 m² and highest among other conifers (Fig. 7).

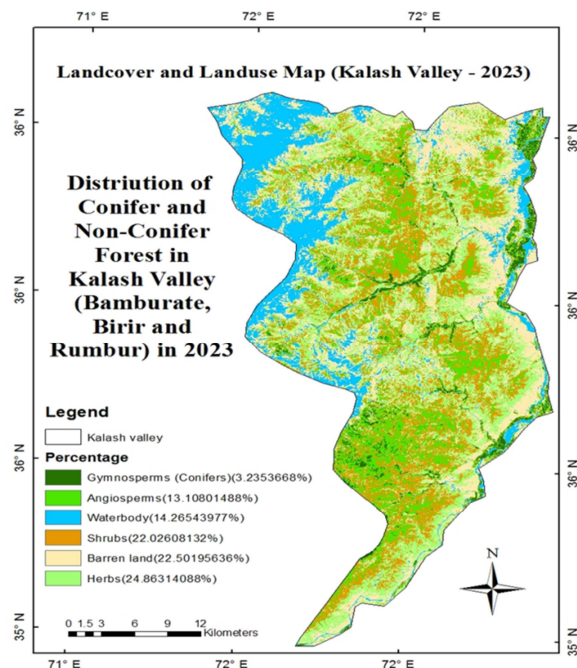


Fig. 8. LULC Map of conifer and non conifer in Kalash valley using NDVI 2023

Data obtained from Land-sat 8, detailing land cover and land use change (LCLUC) (Fig. 8) in the Kalash Valley to validate ground studies, presents an analysis of the distribution of other vegetation categories, revealing a nuanced landscape composition. Gymnosperms, specifically conifers, although lower in composition in niche covering 3.23% of the Kalash Valley but of significant important mostly dominating High elevation. Among other categories, water bodies account for 14.26% of the total area, barren land comprises a 22.5% of the landscape, a substantial presence of herbaceous vegetation in 24.86% of the area. Shrubs contribute to 22.02% of the area, a diverse group of flowering plants, occupying 13.1% of the landscape.

Discussion

UN -FAO estimate that the world has lost one-third of its forest and 10 million hectares of forest are being cleared per year which is damaging natural balance irreparably. Forests, integral in the climate change

landscape, serve as long term carbon sinks (Ali *et al.*, 2023). To undo such catastrophic loss scientific evaluation to chart counter measure is crucial. As they are largest reservoir or Carbon so necessitate accurate biomass assessments to track temporal changes carbon cycle. The estimation of forest biomass involves ground surveys or remote sensing, with field survey with destructive and non-destructive sampling. The former, as elucidated by Gibbis (2007), includes harvesting all trees and measuring various parts' biomass. On the other hand Allometric, explained by Ghafoor (2020), provides a mathematical and statistical understanding in relation to biomass.

Various researchers in Pakistan have contributed to Biomass estimation of the country. Sarangzai *et al.*, 2012 studied about Juniper in Balochistan and revealed 278 trees with an estimated average carbon content of 1.96 tons per hectare. Amir *et al.* (2018) revealed about the aboveground biomass of *Pinus roxburghii* and found weak correlations between tree characteristics and biomass. Ali *et al.* (2020) reported variations in tree dimensions, while Sheikh *et al.* (2012) provided estimates for diameter at breast height (DBH), height, and stand density. Ali and Anwar's (2020) research in Khyber Pakhtunkhwa highlighted diverse soil carbon densities across different forest types. Martin *et al.* (2013) found the substantial role of tropical forests in the terrestrial carbon balance. Arif *et al.* (2017) conducted a thorough assessment of carbon sequestration in the Chichawatni Irrigated Plantation in Pakistan. Akbar *et al.* (2023) reported on the forest structure in Skardu, while Ali *et al.* (2023) developed an allometric equation for *Cedrus deodara* in northern areas. Raqeeb (2020) conducted a comprehensive forest inventory in Gilgit Baltistan, estimating above-ground biomass. Similarly, a study in Malakand, Khyber Pakhtunkhwa, provided estimates for aboveground and belowground carbon, as well as the total tree carbon stock. Ahmad *et al.* (2014) conducted a study on biomass and carbon stocks in coniferous forests of Dir Kohistan, KPK. They reported an average biomass of 264.53 Mg ha⁻¹ across all forest stands, with mean carbon stocks were

140.37 Mg ha⁻¹ for deodar forest, 134.60 Mg ha⁻¹ for deodar kail forest, 142.40 Mg ha⁻¹ for mixed coniferous forest, and 111.68 Mg ha⁻¹ for mixed fir-spruce forest.

References

- Ahmad A, Mirza SN, Nizami SM.** 2014. Assessment of biomass and carbon stocks in coniferous forest of Dir Kohistan, KPK. *Pakistan Journal of Agricultural Sciences* **51**(2).
- Akram U, Shahzad N, Saeed U, Naeem S, Hashmi SGM, Iqbal IA.** 2012. Juniper forest belt assessment using object-based image analysis, Sulaiman Range, Pakistan. In: *Proceedings of the 7th International Conference on Cooperation and Promotion of Information Resources in Science and Technology*, Nanjing, China, 22–25 November 2012.
- Ali A, Ashraf MI, Gulzar S, Akmal M, Ahmad B.** 2020. Estimation of soil carbon pools in the forests of Khyber Pakhtunkhwa Province, Pakistan. *Journal of Forestry Research* **31**, 2313–2321.
- Ali A, Iftikhar M, Ahmad S, Muhammad S, Khan A.** 2016. Development of allometric equation for biomass estimation of *Cedrus deodara* in dry temperate forests of Northern Pakistan. *Journal of Biodiversity and Environmental Sciences* **9**, 43–50.
- Ali H, Qaiser M.** 2009. The ethnobotany of Chitral valley, Pakistan with particular reference to medicinal plants. *Pakistan Journal of Botany* **41**(4), 2009–2041.
- Ali S, Ali W, Khan S, Khan A, Rahman ZU, Iqbal A.** 2017. Forest cover change and carbon stock assessment in Swat valley using remote sensing and geographical information systems. *Pure and Applied Biology* **6**, 850–856.
- Bae MS, Schauer JJ, DeMinter JT, Turner JR.** 2004. Hourly and daily patterns of particle-phase organic and elemental carbon concentrations in the urban atmosphere. *Journal of the Air and Waste Management Association* **54**(7), 823–833.
- Chavan B, Rasal G.** 2012. Total sequestered carbon stock of *Mangifera indica*. *Journal of Environment and Earth Science* **2**(1).
- FAO.** 2020. Global forest resources assessment 2020 – Key findings. Rome: Food and Agriculture Organization of the United Nations. <https://doi.org/10.4060/ca8753en>
- Ghafoor GZ, Sharif F, Khan AU, Shahzad L, Hayyat MU.** 2020. Assessment of tree biomass carbon stock of a subtropical scrub forest, Soan Valley, Pakistan. *Applied Ecology and Environmental Research* **18**(2).
- Haq SM, Rashid I, Waheed M, Khuroo AA.** 2023. From forest floor to tree top: Partitioning of biomass and carbon stock in multiple strata of forest vegetation in Western Himalaya. *Environmental Monitoring and Assessment* **195**(7), 812.
- Hartoyo AP, Pamoengkas P, Mudzaky RH, Khairunnisa S, Ramadhi, Munawir A, Komarudin K, Hidayati S, Sunkar A.** 2022. Estimation of vegetation cover changes using normalized difference vegetation index (NDVI) in Mount Halimun Salak National Park, Indonesia. *IOP Conference Series: Earth and Environmental Science* **1109**, 012068. <https://doi.org/10.1088/1755-1315/1109/1/012068>
- Huang S, Tang L, Hupy JP, Wang Y, Shao G.** 2021. A commentary review on the use of normalized difference vegetation index (NDVI) in the era of popular remote sensing. *Journal of Forestry Research* **32**, 1–6. <https://doi.org/10.1007/s11676-020-01155-1>
- Hussain K, Fatima M.** 2015. Understanding the institutional setup and policies in the context of Pakistan's REDD+ programme. In: *Multi-Scale Forest Biomass Assessment and Monitoring in the Hindu Kush Himalayan Region: A Geospatial Perspective*, 46.

- IPCC.** 2007. Climate Change 2007: The Physical Science Basis. Contribution of Working Group I to the Fourth Assessment Report of the Intergovernmental Panel on Climate Change. In: Solomon S, Qin D, Manning M, Chen Z, Marquis M, Averyt KB, Tignor M, Miller HL (eds). Cambridge, UK and New York, USA: Cambridge University Press.
- Khan IA, Khan WR, Ali A, Nazre M.** 2021. Assessment of above-ground biomass in Pakistan forest ecosystem's carbon pool: A review. *Forests* **12**(5), 586.
- Khan N, Ahmed M, Wahab M, Ajaib M.** 2010. Phytosociology, structure and physiochemical analysis of soil in *Quercus baloot* Griff. forest, District Chitral, Pakistan. *Pakistan Journal of Botany* **42**(4), 2429–2441.
- Mahmood K.** 2011. Conformity to quality characteristics of textbooks: The illusion of textbook evaluation in Pakistan. *Journal of Research and Reflections in Education* **5**(2), 170–190.
<https://ue.edu.pk/jrre/articles/52006.pdf>
- Martin PA, Newton AC, Bullock JM.** 2013. Carbon pools recover more quickly than plant biodiversity in tropical secondary forests. *Proceedings of the Royal Society B* **280**, 22–36.
- Nizami SM, Mirza SN, Livesley S, Arndt S, Fox JC, Mahmood T.** 2009. Estimating carbon stocks in sub-tropical pine (*Pinus roxburghii*) forests of Pakistan. *Journal of Forestry Research* **20**(2), 205–209.
- Nizami SM.** 2012. The inventory of the carbon stocks in sub-tropical forests of Pakistan for reporting under Kyoto Protocol. *Journal of Forestry Research* **23**(3), 377–384.
- Nunoo FKE, Eggleston DB, Vanderpuye CJ.** 2006. Abundance, biomass and species composition of nearshore fish assemblages in Ghana, West Africa. *African Journal of Marine Science* **28**(3–4), 689–696.
- Ostadhashemi R, Shahraji TR, Roehle H, Limaei SM.** 2014. Estimation of biomass and carbon storage of tree plantations in northern Iran. *Journal of Forest Science* **60**(9), 363–371.
- Raqeeb A, Nizami SM, Saleem A, Ansari L, Gulzar S, Ali B, Saleem M.** 2020. Biomass allometric equations of naturally growing *Cedrus deodara* in dry temperate forest ecosystems. *Pakistan Journal of Agricultural Research* **33**, 498–507.
- Salunkhe OR, Valvi GR, Singh S, Rane GM, Khan ML, Saxena V, Khare PK.** 2023. Forest carbon stock and biomass estimation in West Central India using two allometric models. *Carbon Research* **2**(1), 9.
- Sarangzai AM, Ahmed M, Ahmed A, Tareen L, Jan SU.** 2012. The ecology and dynamics of *Juniperus excelsa* forest in Balochistan, Pakistan. *Pakistan Journal of Botany* **44**(5), 1617–1625.
- Shaheen H, Khan RWA, Hussain K, Ullah TS, Nasir M, Mehmood A.** 2016. Carbon stocks assessment in subtropical forest types of Kashmir Himalayas. *Pakistan Journal of Botany* **48**, 2351–2357.
- Ullah A, Rashid A, Parveen SN.** 2014. Medicinal plants used in the isolated region of Bumburet, Kalash Valley, District Chitral, Pakistan. *Pakistan Journal of Weed Science Research* **20**(3). Available at: <https://search.ebscohost.com>
- Xu H, Yue C, Zhang Y, Liu D, Piao S.** 2023. Forestation at the right time with the right species can generate persistent carbon benefits in China. *Proceedings of the National Academy of Sciences* **120**(41), e2304988120.
- Zeb A, Hamann A, Armstrong GW, Acuna-Castellanos D.** 2019. Identifying local actors of deforestation and forest degradation in the Kalasha valleys of Pakistan. *Forest Policy and Economics* **104**, 56–64.